Eddie Newcombe

Plaster Repairs

06h May 2026
Met-Excel Ltd
K Hill

Method Statement

(Safe System of Work)

Contract Name: Eddie Newcombe	**Ref: MS-1426-01** **MXL Nr: C1426**

Description of Works:
(Main objective)

- **Plaster Renovation**

Expected Start and End Dates: 29/04/2026 – 30/05/2026

Assessment Date: 06/05/2026	**Assessed By:** K.Hill **Approved By:** S. Hill

Associated Health, Safety and Environmental Assessments:-
(Risk Assessments, COSHH Assessments, etc)

Risks associated with activities:

- Falls from height
- Electrocution
- Hand arm vibration
- Occupational Dermatitis
- Small cuts & bruises caused by faulty hand tools.
- Crushing injuries
- Eye damage caused by dust and flying debris
- Musculoskeletal Injuries

Contract Supervision & Training:-
(Supervisor/s and Current Certification/Training)

Supervisors:

- Project Manager – Kieran McGuinness (07534567437)
- Commercial Manager – Kieran Hill - (07534953186)
- Site Supervisor – Dmytro Petriv (07342441495)

Labour:-

- All operatives will be trained and competent to carry out the tasks which they are asked to carry out;
- A full list of training qualifications of the operatives will be provided to WARDEN Construction prior to them starting on site;
- Training will be constantly reviewed and provided where additional needs are identified;
- Met-Excel will carry out a weekly tool box talk to all operatives and a copy will be sent to WARDEN Management;
- Particular attention will be given to times where operatives are using 110v equipment which have a trigger time.

Those at Risk	Self, other site operatives, site visitors, management.

Plant, Tools & Equipment:- **(List all)**	**Chemicals:-** **(Ensure COSHH completed if reqd.)**
▪ Electric Hand Tools ▪ Hand Tools ▪ Lasers ▪ Mobile Aluminum Scaffolds ▪ All electric tools must have a current PAT test certificate. A list of all of the PAT tested tools to be sent to WARDEN Site Management.	No harmful chemicals are to be used in this operation.
Welfare Facilities : **(Toilets, Washing Facilities & Drinking Water)**	**First Aid Facilities:** **(First Aider, Location of First Aid Box)** 
Welfare facilities provided by WARDEN: • Toilets • Canteen • Drying Facilities *All inspected and found to be of excellent condition*	**First Aid facilities provided by WARDEN** **Location of 1st aid point to be identified in site induction** ▪ Met-Excel to have emergency 1st aid kit on site.
Material Deliveries ▪ Materials will be delivered by our suppliers to site in long vehicles and will be directed to the allocated laydown area and banked on and off site by Met-Excel operatives. ▪ The materials will be off-loaded by the driver of the vehicle using a moffett fork lift truck or HIAB. ▪ All required paperwork will be provided to WARDEN by Met-Excel supervision and a delivery schedule will be sent through to WARDEN Project/Site Manager. ▪ Materials will be stacked in a manner so as not to risk injury or to cause obstruction to others. ▪ Materials will be loaded to floors using a telehandler to designated loading bays. Only trained operatives to use the telehandler. ▪ Material weights can be found on the manual handling risk assessment and operatives are only to lift materials they feel comfortable in doing. ▪ Where a Forklift Truck is to be required, a trained and qualified driver will be used to transport materials from the drop off point to a designated loading area. ▪ A banksman will be present when necessary.	

Work Method
(Key steps & stages of the work required)

Plastering Repairs:

- Prior to plastering works commencing, a written handover must be obtained to allow works to commence.
- Prep the area to be worked by using cover up materials to cover any adjacent finished surfaces and sheet up the floor beneath the work area. Protect any glazing or window frames using Low Tack Tape & Window Protection Film provided by Met-Excel.
- Load out the area to be worked with the required number of bags of plaster and ensure a plentiful supply of fresh water for mixing. Care should be taken when mixing water and skim plaster to prevent any splashes coming into contact with 110v power points.
- Existing plaster which requires removal will be removed with a Makita SDS drill with an Erbauer SDS Plus Chisel bit, 70mm x 250mm
- Where existing plaster is already loose, a hammer bolster and chisel will be used to remove the loose plaster
- All damaged areas of plaster will be removed carefully to minimise the risk of damaging the existing brickwork.
- The existing plaster will be retained where possible if it is in a satisfactory condition.
- Waste will be collected and removed to the skip

4. Access:

4. Met-Excel selects their access equipment based upon previous works and a hierarchy of risk. Access equipment should be selected in the following order. Factors such as access, head room and space will determine how far down the hierarchy you select which type of access equipment to use;

- Tower Scaffolds – Single deck towers can be erected up to a working height of 12m and 14m for double deck towers. They can only be erected and inspected by PASMA trained operatives.
- MiniMax towers – Ideal for heights up to 2.7 meters and must be inspected and erected by PASMA trained operatives.
- Outriggers to be used when platform is over 2.00m

600 x 600 hop-up – hop-ups are a simple and easily movable form of access platform. Most Principal Contractors require hop-ups to display a current Scaff-tag.

5. Occupational Health and Hygiene:

Met-Excel Limited H&S policy and company rules apply and will work with and alongside WARDEN H&S policy and standards at all times on site.
Welfare facilities are provided on site by WARDEN and are to a good standard. They must be treated accordingly and left in a clean and tidy condition.
Met-Excel Limited is to provide Personal Protective Equipment (PPE) as required to direct employees and sub-contractors, a record of all PPE issued will be maintained. A stock of spares will be kept on site for replacement of faulty equipment.

Safety helmets, hi-visibility vests, gloves and safety footwear (toe and mid-sole protection) to be worn at all times within site boundary - NO PPE, NO WORKING.

All on site must report any changes in their medical conditions or requirements as soon as possible to the site responsible person. For instance, when working with plaster or render products, this could include dermatitis, back pain, numbness of the hands or fingers or other aches and pains. Your health will be monitored by Met-Excel Safety Management.

6. First aid Provision and Accident / Incident reporting:

- WARDEN will provide First Aid cover and First Aid box.
- The route to the nearest A+E hospital is posted in the site offices.
- Please report all accidents and incidents as soon as possible to Main Contractor and Met-Excel Ltd site responsible person.

7. Protection of the Works:

Met-Excel Ltd will provide protection to adjacent works.

8. Storage and handling:

Materials must be stored in a dry storage area, free from frost and extremes of temperature. Materials must be palletised and moved as near as possible to point of work with fork truck / similar handling equipment to lower manual handling and decrease risk overall. A full list of plasterboard weights is included within the Manual Handling Risk Assessment.

9. Provision of Plant and Equipment: -

A list of tools and its PAT test will be sent to WARDEN's Site Management showing they are valid and in-date. All tools/plant and access equipment to be signed in to WARDEN's Register every time they are brought to site, this must be updated weekly with any changes.

- Aluminium scaffolds (Refer to separate RA)
- 110v Transformer & Leads
- Gas actuated tools (Refer to separate RA)
- 110v Hand Tools (Tek Gun) Hammer drills (See separate Havs RA)
- Hand Tools Trade Specific (Trowels, Finishing Trowels, Handsaw, Stanley Knifes Etc.)

10. Hazardous Materials / Operations and Safety:

Materials must be stored in a dry storage area, free from frost and extremes of temperature. There are no hazardous materials or operations apart from the ones identified in the method of works (Manual Handling HAVS).

11. Controls for Safety of Third Parties:

WARDEN will be responsible for site boundaries which will be defined by fencing and signage at the front. Ensure public areas are cordoned off and warning signs posted. Met-Excel Limited will need to know if any persons visiting site are not familiar with construction activities.

12. Emergency Procedures:

▪ Emergency procedures followed will be as instructed at Induction by WARDEN. ▪ Procedures will be posted in the welfare facility on site. ▪ Fire escape route and muster point signs will be in place - (The muster point to be identified at WARDEN induction) ▪ Fire extinguishers will be placed throughout the site and WARDEN may conduct practise evacuations. Powder fire extinguisher to be next to cutting station where chop saw will be located.
13. Site Induction Procedure:
13.1 Main Contractor will give a site specific induction to all and Met-Excel Limited will also carry out a site specific induction which includes the company 2 page H&S Statement, Quality Commitment Statement and Housekeeping Policy. This Method Statement and associated site specific Risk Assessments, including Manual Handling assessment, will also require reading and be acknowledged by signature by all Met-Excel Limited site personnel prior to starting works. 13.2 Met-Excel staff are to read and familiarise themselves with this document prior to commencing works on site.
15. QA/QC
A hand over procedure is to be implemented including quality check sheets. Met Excel will from time to time send a quality inspector from the Met Excel office to oversee daily quality checks carried out by the Met Excel site supervisor.
16. Environmental Considerations
Waste is to be segregated and removed to skips provided by WARDEN for the use of MXL Noise is to be kept to a minimum, where practicable Dust extraction units must be in place for all activities which can generate airborne waste. An environmental audit will be carried out on a monthly basis by MXL A record of distance travelled to and from site will be maintained by MXL and car-pooling is to be encouraged.
Summary
Met-Excel Limited employees and sub-contractors employed on this contract MUST have read, acknowledged and understood the contents of this method statement and associated risk assessments prior to commencement of works.

Occupational Health and Safety Notes:

Site Conditions: - Operatives to be aware of on-going weather conditions particularly in wet and windy conditions, there is a much greater risk of slips trips and falls in these conditions. Only use designated foot paths for access and egress and be aware that conditions underfoot may be slippery even if they do not appear to be so. If conditions appear to becoming unsafe, stop work and return to the compound.

Light Conditions: Externally not an issue at the time the works are to be carried out, lighting in the building is to be provided by the Main Contractor. Met-excel to have task lighting on site when required.

Health Surveillance: - The Met-Excel Supervisor is responsible for the day-to-day monitoring of the companies Health Surveillance Policy. Plasterer's hands are too checked weekly and any signs of infection reported to the Site Manager. Barrier creams are available in the toilets and are to be used when required.

Met-Excel Ltd

Health & Safety Statement

Revision Nr: 003

It is the policy of Met-Excel to develop a positive health and safety culture throughout the organisation because we believe that high health and safety standards are a pre-requisite in the pursuit of company efficiency and competitiveness.

To achieve this, the Company will progressively identify all workplace hazards and take appropriate measures to eliminate or control risks to employees and others affected by our operations by applying positive control standards and provision of information, training and supervision as needed.

Employees are reminded that they have a duty to ensure that the Company's Health and Safety Policy is observed and in particular they are required: -

To take reasonable care for their own health and safety at work and of those who may be affected their actions, or by their omissions.

To co-operate with their employer to ensure that any duty, or requirement, for health and safety imposed upon their employer by law is performed or complied with.

Not to intentionally, or recklessly, interfere with or misuse anything provided in the interests of health, safety or welfare.

To report to supervisory staff hazardous conditions or defects in the company safety arrangements.

The company recognizes that it has the ultimate legal responsibility for health and safety. Accordingly the Managing Director accepts overall responsibility for policy formulation and implementation. In turn, all levels of management and all supervisors are responsible for carrying out those health and safety duties placed on them. The Managing Director will ensure that the safety plan includes sufficient resources for the successful implementation of the Health and Safety Management Policy.

Where appropriate, the monitoring and review of the Company's Health and Safety Management Policy will be carried out by the Health and Safety Management Committee under the direction of the director responsible for health and safety within the Group who will be appointed from time to time by the Managing Director.

Development of the Health and Safety Management Policy will be conducted through the normal business meetings where health and safety will be given standing equal to other activities of the business.

The company will appoint a number of competent persons to assist the company directors implement this policy. The Safety Officer's role is to provide independent and authoritative advice to managers with individual responsibilities for health and safety.

This Policy has been reviewed and authorised by:

Name: Simon Hill

Position: Managing Director

Date: 13th January 2026

Date of next review: 12th January 2027

Section 2 – Risk Assessments

Project Title:	Eddie Newcombe	Risk Assess. No.:	A09
Task/Activity:	Partitions & Ceilings	Project No.:	C1426
		Date Prepared:	28/04/2026

HAZARDS		Likelihood			Severity					Risk Score
Ref.	Key hazards associated with the above task/activity.	Probable	Occasional	Remote	Catastrophic	Critical	Serious	Marginal	Negligible	Likelihood x Severity
	Score:	3	2	1	5	4	3	2	1	
1	Falls at height		X			X				8
2	Manual handling		X			X				8
3	Inhalation of dusts		X				X			6
4	Slips, trips and falls		X					X		4
5	Dermatitis			X				X		2
6	Use of hand tools		X					X		4
7										
8										
9										
10										

Risk Assessment Scores:	10+ High Risk	5-9 Medium Risk	1-4 Low Risk

PERSONS AFFECTED					
Operatives	X	Members of Public		Site Visitors	X
Other Workers	X	Managers	X	Young Persons	
Others					

PPE REQUIREMENTS					
Harness & Lanyard		Hi-Viz Clothing	X	Respiratory Protection	
Hearing Protection		Eye Protection		Head Protection	X
Gloves	X	Boots	X		

ADDITIONAL CONTROL MEASURES

Information/Instruction/Training

- All staff to be trained in the use and importance of PPE such as hard hats, eye protection, respirators and gloves
- All staff to be made aware of the hazards and risks associated with the works
- Operatives who erect scaffolds to be PASMA trained
- Operatives who operate Mewps to be Ipaf certified

Managerial Controls

- Ensure adequate supervision is provided and that control measures remain valid for the duration of the work
- Supervisors to inspect and check scaffolds, ladders and other working platforms
- Supervisors to ensure PPE is available and used
- Management to review installation methods and housekeeping standards on a daily basis.

Physical Controls

- All power/hand tools to be checked prior to use and to have a current patt test certificate
- Adequate ventilation to be provided

Procedural Controls

- Clean drinking water and washing facilities to be made available

Physical Controls	Procedural Controls
➢ Provide mechanisms to assist with the handling of materials and to reduce the level of manual handling required. ➢ Dust extraction units to be used for all activities which could lead to airborne waste particles. ➢ Dust masks to be provided for all operatives. ➢ All areas to be kept clear from waste materials and trailing cables	➢ All weights of materials to be reviewed before attempting to lift or move. ➢ Tools and equipment are to be inspected prior to each use

HSE & Other Guidance	Comments
➢ Manufacturers Guidance	➢

RESIDUAL RISK

HAZARDS		Likelihood			Severity					Risk Score
Ref.	Key hazards associated with the above task/activity.	Probable	Occasional	Remote	Catastrophic	Critical	Serious	Marginal	Negligible	Likelihood x Severity
	Score:	3	2	1	5	4	3	2	1	
1	Falls at height			X		X				4
2	Manual handling		X				X			6
3	Inhalation of dusts			X			X			3
4	Slips, trips and falls		X					X		4
5	Dermatitis			X				X		2
6	Use of hand tools			X				X		2
7										
8										
9										
10										

Risk Assessment Scores:	10+ High Risk	5-9 Medium Risk	1-4 Low Risk

Project Title:	Eddie Newcombe	Risk Assess. No.:	A12
Task/Activity:	Fire Safety	Project No.:	C1426
		Date Prepared:	28/04/2026

HAZARDS		Likelihood			Severity					Risk Score
Ref.	Key hazards associated with the above task/activity.	Probable	Occasional	Remote	Catastrophic	Critical	Serious	Marginal	Negligible	Likelihood x Severity
	Score:	3	2	1	5	4	3	2	1	
1	Arson		X		X					10
2	Contact with hot exhausts		X			X				8
3	Hot works – Welding and Cutting (inc. disc cutters)		X		X					10
4	Use of LPG (Space heaters/cookers)		X		X					10
5	Electrical short circuits/overloaded sockets			X	X					5
6										
7										
8										
9										
10										

Risk Assessment Scores:	10+ High Risk	5-9 Medium Risk	1-4 Low Risk

PERSONS AFFECTED					
Operatives	X	Members of Public	X	Site Visitors	X
Other Workers	X	Managers	X	Young Persons	X
Others	X				

PPE REQUIREMENTS					
Harness & Lanyard		Hi-Viz Clothing	X	Respiratory Protection	
Hearing Protection		Eye Protection		Head Protection	X
Gloves	X	Boots	X		

ADDITIONAL CONTROL MEASURES

Information/Instruction/Training

- All persons to be trained in emergency fire procedures including what to do if the alarm is raised, how to raise the alarm and general evacuation procedures
- All staff to be informed of the risks from fire and the precautions taken to control and reduce the risk of fire, including the safe storage of flammable materials, site tidiness and the requirement for hot work permits
- Key operatives to be trained in the selection and use of fire extinguishers

Managerial Controls

- Ensure adequate supervision is provided and that control measures remain valid for the duration of the work
- Ensure a suitable and sufficient fire plan is established and that adequate means of escape are provided.
- Ensure that fire routes remain clear and free from materials.
- Ensure a suitable means of raising the alarm is provided and that appropriate fire extinguishers are located around the site.
- Ensure that adequate access is provided to all areas of the site for the fire and other emergency services
- Ensure all electrical installations comply with BS7671

Physical Controls	Procedural Controls
➢ All hot works to be strictly controlled with a Hot Works Permit ➢ No hot works to be undertaken within 1 hour of the site closing ➢ Fire extinguishers to be provided whenever hot works are undertaken ➢ Site perimeters to be maintained	➢ Restrict smoking to designated areas ➢ Do not allow waste to build up on site ➢ Ensure all machinery and electrical equipment is inspected and regularly checked to avoid the risk of fire from faulty equipment ➢ All flammable materials to be stored in secure containers or approved areas.

HSE & Other Guidance	Comments
➢ HSG 168 Fire Safety in Construction ➢ The Regulatory Reform (fire safety) Order 2005	➢

RESIDUAL RISK

HAZARDS		Likelihood			Severity					Risk Score
Ref.	Key hazards associated with the above task/activity.	Probable	Occasional	Remote	Catastrophic	Critical	Serious	Marginal	Negligible	Likelihood x Severity
	Score:	3	2	1	5	4	3	2	1	
1	Arson			X	X					5
2	Contact with hot exhausts			X		X				4
3	Hot works – Welding and Cutting (inc. disc cutters)	X			X					5
4	Use of LPG (Space heaters/cookers)		X		X					5
5	Electrical short circuits/overloaded sockets			X	X					5
6										
7										
8										
9										
10										
Risk Assessment Scores:		**10+ High Risk**		**5-9 Medium Risk**			**1-4 Low Risk**			

Notes:
Hot works permits must be obtained for all abrasive wheel activities
A fire extinguisher must be kept close whilst all abrasive wheel operations are taking place.

Project Title:	Eddie Newcombe	Risk Assess. No.:	A21
Task/Activity:	Site Access/Egress	Project No.:	C1426
		Date Prepared:	28/04/2026

HAZARDS		Likelihood			Severity					Risk Score
Ref.	Key hazards associated with the above task/activity.	Probable	Occasional	Remote	Catastrophic	Critical	Serious	Marginal	Negligible	Likelihood x Severity
	Score:	3	2	1	5	4	3	2	1	
1	Impact/collision between site traffic and other road users		X			X				8
2	Muddy roads and pavements on the site approach roads	X						X		6
3	Restricted access for emergency vehicles		X			X				8
4	Increase in the number of large/heavy delivery vehicles	X							X	3
5	Frost and ice on footpaths and steps		X			X				8
6										
7										
8										
9										
10										

Risk Assessment Scores:	10+ High Risk	5-9 Medium Risk	1-4 Low Risk

PERSONS AFFECTED					
Operatives	X	Members of Public	X	Site Visitors	X
Other Workers		Managers	X	Young Persons	
Others	X				

PPE REQUIREMENTS					
Harness & Lanyard		Hi-Viz Clothing	X	Respiratory Protection	
Hearing Protection		Eye Protection		Head Protection	X
Gloves		Boots	X		

ADDITIONAL CONTROL MEASURES

Information/Instruction/Training

- Banksmen/traffic coordinators to be given special training
- All staff to be informed of traffic and parking restrictions such as no parking on the approach roads

Managerial Controls

- Ensure adequate supervision is provided and that control measures remain valid for the duration of the work
- Ensure police and other emergency services are kept informed about the works, particularly if any changes occur during the works

Physical Controls	Procedural Controls
➢ Ensure approach roads are kept clear of mud and other debris ➢ Use banksman to assist with vehicular movements into and out of the site ➢ Consider traffic control system to control traffic entering and exiting the site ➢ Ensure a properly marked pedestrian path is identified ➢ Ensure that pedestrian and vehicular traffic on the site are also separated ➢ Provide a dedicated pedestrian access to and from the site ➢ Ensure the site entrance and site roads are adequately illuminated ➢ Ensure that sufficient warning signs are displayed on the approach roads to the site	➢ Ensure that adequate parking is made available for all the staff likely to be present on the site, if this is not practical, consider establishing a park and ride scheme

HSE & Other Guidance	Comments
➢ HSG144 The Safe Use of Vehicles on Construction Sites	➢ Consider signing up for the Considerate Contractors Scheme

RESIDUAL RISK

HAZARDS		Likelihood			Severity					Risk Score
Ref.	Key hazards associated with the above task/activity.	Probable	Occasional	Remote	Catastrophic	Critical	Serious	Marginal	Negligible	Likelihood x Severity
	Score:	3	2	1	5	4	3	2	1	
1	Impact/collision between site traffic and other road users		X			X				6
2	Muddy roads and pavements on the site approach roads		X					X		4
3	Restricted access for emergency vehicles			X		X				4
4	Increase in the number of large/heavy delivery vehicles	X							X	3
5	Frost and ice on footpaths and steps			X		X				4
6										
7										
8										
9										
10										

Risk Assessment Scores:	10+ High Risk	5-9 Medium Risk	1-4 Low Risk

Project Title:	Eddie Newcombe	Risk Assess. No.:	A26
Task/Activity:	Storage of Materials on Site	Project No.:	C1426
		Date Prepared:	28/04/2026

HAZARDS		Likelihood			Severity					Risk Score
Ref.	Key hazards associated with the above task/activity.	Probable	Occasional	Remote	Catastrophic	Critical	Serious	Marginal	Negligible	Likelihood x Severity
	Score:	3	2	1	5	4	3	2	1	
1	Falling materials (as a result of poorly stacked materials)		X			X				8
2	Injury to unauthorized persons such as children		X			X				8
3	Manual handling Injuries	X					X			9
4	Mechanical handling Injuries		X				X			9
5										
6										
7										
8										
9										
10										

Risk Assessment Scores:	10+ High Risk	5-9 Medium Risk	1-4 Low Risk

PERSONS AFFECTED					
Operatives	X	Members of Public	X	Site Visitors	X
Other Workers	X	Managers	X	Young Persons	X
Others	X				

PPE REQUIREMENTS					
Harness & Lanyard		Hi-Viz Clothing	X	Respiratory Protection	
Hearing Protection		Eye Protection		Head Protection	X
Gloves	X	Boots	X		

ADDITIONAL CONTROL MEASURES

Information/Instruction/Training

- Site operatives should be instructed of the need for good housekeeping standards and in maintaining a tidy well organised storage area
- Operatives should be informed that all chemicals are potentially hazardous and should be handled with care – reference should also be made to the appropriate COSHH assessment before use

Managerial Controls

- Ensure adequate supervision is provided and that control measures remain valid for the duration of the work
- Sufficient space should be provided for the safe storage of all materials
- All areas to be regularly inspected to ensure the stability and safety of such areas

Physical Controls	Procedural Controls
➢ Perishable goods should be stored within lockable containers ➢ Pipes, drums and other similar materials should be securely chocked ➢ Follow manufacturers/suppliers storage recommendations in all cases ➢ Avoid stacking any materials more than 2m high ➢ All chemicals and fuel's shall be stored within bunded areas to reduce the risk of contamination	➢ Non-Conformance method to be used for poor housekeeping, works to stop immediately and not restarted until areas are clean and safe to work in ➢ Goods are to be stacked and moved as far as is reasonably practicable by mechanical methods and by trained operatives. Where this is not possible weights of materials must be obtained from MXL management and a safe system of transportation advised, such as trolley's, barrows or 2 people carrying the item.

HSE & Other Guidance	Comments

RESIDUAL RISK

HAZARDS		Likelihood			Severity					Risk Score
Ref.	Key hazards associated with the above task/activity.	Probable	Occasional	Remote	Catastrophic	Critical	Serious	Marginal	Negligible	Likelihood x Severity
	Score:	3	2	1	5	4	3	2	1	
1	Falling materials (as a result of poorly stacked materials)			X		X				4
2	Injury to unauthorised persons such as children			X		X				4
3	Manual handling		X				X			6
4	Mechanical handling		X				X			4
5										
6										
7										
8										
9										
10										
Risk Assessment Scores:		10+ High Risk		5-9 Medium Risk			1-4 Low Risk			

Project Title:	Eddie Newcombe	Risk Assess. No.:	A27
Task/Activity:	Plastering	Project No.:	C1426
		Date Prepared:	28/04/2026

HAZARDS		Likelihood			Severity					Risk Score
Ref.	Key hazards associated with the above task/activity.	Probable	Occasional	Remote	Catastrophic	Critical	Serious	Marginal	Negligible	Likelihood x Severity
	Score:	3	2	1	5	4	3	2	1	
1	Falling Objects/Materials		X			X				8
2	Falls from Height		X		X					10
3	Manual Handling	X					X			9
4	Contact with gypsum plaster and fillers	X						X		6
5	Inhalation of dusts during sanding	X					X			9
6										
7										
8										
9										
10										

Risk Assessment Scores:	10+ High Risk	5-9 Medium Risk	1-4 Low Risk

PERSONS AFFECTED					
Operatives	X	Members of Public		Site Visitors	x
Other Workers	X	Managers		Young Persons	x
Others					

PPE REQUIREMENTS					
Harness & Lanyard		Hi-Viz Clothing	X	Respiratory Protection	X
Hearing Protection		Eye Protection	X	Head Protection	X
Gloves	X	Boots			

ADDITIONAL CONTROL MEASURES

Information/Instruction/Training

- Standard site safety inductions should be provided and the risks of working at height and manual handling should be highlighted
- The risks associated with occupational dermatitis should be discussed/highlighted and monitored.
- Manual handling training to be provided.
- Pasma training to be provided to employees responsible for erecting towers.

Managerial Controls

- Ensure adequate supervision is provided and that control measures remain valid for the duration of the work
- Ensure that there is sufficient available to replace any worn out or defective items
- Ensure that barrier creams are available and accessible to operatives at all times

Physical Controls	Procedural Controls
➢ Safe access and egress to the workplace should be provided, together with safe working platforms ➢ Access equipment should only be erected and inspected by trained and competent persons ➢ Barrier creams should be applied before work commences and after washing hands ➢ Gloves must be worn whilst using plaster products ➢ Glasses must be worn whilst mixing materials and working on soffits and ceilings ➢ **FFP 3 – Facefitted** Dust masks must be worn whilst mixing materials ➢ **Glasses required when sanding works – BS EN 166 – Frame – F, Lens - F**	➢ Ensure all staff are competent and experienced in the type of work ➢ Ensure that the company's health surveillance procedures are followed. ➢ Ensure that all procedural documentation is followed, monitored and correctly recorded. ➢ High risk activities should be closely supervised and isolated accordingly with barriers ➢ Supervisors to ensure that operatives are wearing appropriate PPE a\t all times

HSE & Other Guidance	Comments
➢ HSE Respiratory protection at work ➢ HSE Brief guide to COSHH ➢ Manufacturers guidance	➢ Management to monitor for skin complaints once per week.

Residual Risk

HAZARDS		Likelihood			Severity					Risk Score
Ref.	Key hazards associated with the above task/activity.	Probable	Occasional	Remote	Catastrophic	Critical	Serious	Marginal	Negligible	Likelihood x Severity
Score:		3	2	1	5	4	3	2	1	
1	Falling Objects/Materials			X		X				4
2	Falls from Height			X	X					5
3	Manual Handling		X				X			6
4	Contact with gypsum plaster and fillers		X					X		4
5	Inhalation of Plaster dust		X				X			6
6										
7										
8										
9										
10										
Risk Assessment Scores:		**10+ High Risk**		**5-9 Medium Risk**			**1-4 Low Risk**			

Project Title:	Eddie Newcombe	Risk Assess. No.:	A36
Task/Activity:	Manual Handling	Project No.:	C1426
		Date Prepared:	28/04/2026

HAZARDS		Likelihood			Severity					Risk Score
Ref.	Key hazards associated with the above task/activity.	Probable	Occasional	Remote	Catastrophic	Critical	Serious	Marginal	Negligible	Likelihood x Severity
	Score:	3	2	1	5	4	3	2	1	
1	Lacerations, cuts or abrasions		X					X		4
2	Crushing or trapped by falling materials		X		X					10
3	Risk of musculoskeletal injury to persons lifting	X					X			9
4	Slips, trips and falls		X				X			6
5										
6										
7										
8										
9										
10										

Risk Assessment Scores:	10+ High Risk	5-9 Medium Risk	1-4 Low Risk

PERSONS AFFECTED					
Operatives	X	Members of Public	X	Site Visitors	X
Other Workers	X	Managers	X	Young Persons	X
Others	X				

PPE REQUIREMENTS					
Harness & Lanyard		Hi-Viz Clothing	X	Respiratory Protection	
Hearing Protection		Eye Protection		Head Protection	X
Gloves	X	Boots	X		

ADDITIONAL CONTROL MEASURES

Information/Instruction/Training

- Adequate training in manual handling techniques will be provided
- The correct posture must be used whilst lifting. i.e Back straight and knees bent

Managerial Controls

- Management to explore mechanical methods of lifting and carrying materials as the first option
- Management to monitor lifting and carrying operations and techniques of individual operatives
- Management to ensure the company's health surveillance procedure is followed

Physical Controls

- Gloves must be worn when handling at all times whilst handling materials
- Exclusion zones must be set up with physical barriers when unloading materials in locations where the public may have

Procedural Controls

- Where reasonably practicable, mechanical means of lifting and carrying must be identified and employed
- Management to Monitor and review manual handling operations and the company's manual handling policy

Physical Controls	Procedural Controls
➢ Pedestrian routes and passages of transportation of materials must be kept clear at all times	

HSE & Other Guidance	Comments
➢ Manual Handling Regulations	➢ **Please check weights as listed / printed on each item of materials. If in doubt, please consult supervisor and do not lift anything you do not feel comfortable in doing so**

RESIDUAL RISK

HAZARDS		Likelihood			Severity					Risk Score
Ref.	Key hazards associated with the above task/activity.	Probable	Occasional	Remote	Catastrophic	Critical	Serious	Marginal	Negligible	Likelihood x Severity
	Score:	3	2	1	5	4	3	2	1	
1	Lacerations, cuts or abrasions		x					x		4
2	Crushing or trapped by falling materials			x	X					5
3	Risk of musculoskeletal injury to persons lifting			x			X			3
4	Slips, trips and falls			x			X			3
5										
6										
7										
8										
9										
10										
Risk Assessment Scores:		**10+ High Risk**		**5-9 Medium Risk**			**1-4 Low Risk**			

NOTES:

MOVEMENT OF MATERIALS ON SITE IS A HIGH RISK EXERCISE AND CARE MUST BE TAKEN AT ALL TIMES.
BE AWARE OF YOUR SURROUNDINGS AND WHAT OTHERS ARE DOING.
IF UNSURE, STOP WORKING IMMEADIATELY
AND SPEAK TO MXL MANAGEMENT

Project Title:	Eddie Newcombe	Risk Assess. No.:	A37
Task/Activity:	Vibration	Project No.:	C1426
		Date Prepared:	28/04/2026

HAZARDS		Likelihood			Severity					Risk Score
Ref.	Key hazards associated with the above task/activity.	Probable	Occasional	Remote	Catastrophic	Critical	Serious	Marginal	Negligible	Likelihood x Severity
	Score:	3	2	1	5	4	3	2	1	
1	Hand arm vibration syndrome		X				x			6
2										
3										
4										
5										
6										
7										
8										
9										
10										

Risk Assessment Scores:	10+ High Risk	5-9 Medium Risk	1-4 Low Risk

PERSONS AFFECTED					
Operatives	X	Members of Public	X	Site Visitors	X
Other Workers	X	Managers	X	Young Persons	X
Others	X				

PPE REQUIREMENTS					
Harness & Lanyard		Hi-Viz Clothing	X	Respiratory Protection	
Hearing Protection		Eye Protection	X	Head Protection	X
Gloves	X	Boots	X		

ADDITIONAL CONTROL MEASURES

Information/Instruction/Training

- All operatives to have the company Havs policy and guidance notes (Attached to this assessment) fully explained to them.
- All operatives to be made aware of the traffic light system the company operates regarding trigger times permitted per day, per tool

Managerial Controls

- Management to monitor and review the company Havs policy and procedures and its implementation
- Management to ensure that the company health surveillance procedures are followed

Physical Controls	Procedural Controls
➢ Tools to be clearly marked with the traffic light system (Red, Amber and Green) to advise as to the trigger time usage permitted per day for the individual tool ➢ All tools to have a current patt test sticker (Retesting every 3 months)	➢ If a large amount of work has to be carried out with a high output to, the trigger time must be assessed by the supervisor by taking a measurement of time in a given period and multiplying that by the number of hours working on site. ➢ Nearly all Met-Excel tools fall into the green category and can therefore be used all day without risk to the operator. ➢ The amber category includes all Makita hammer drills and Makita jigsaws (All other Jigsaws in green category) All tools marked amber (yellow) can be used for a maximum 2 hours trigger time per 8 hour day. (The trigger time is the time when the tool is switched on and being used to carry out an operation, the tool may be used for several hours during a day but no more than 2 hours in operation) ➢ Reciprocating saws, old hammer drills and Bosch hammer drills are the only Met-Excel tools which come under the Red category. These must not be used until the supervisor has been consulted as each tool has a different trigger time usually less than 20 minutes/day..

HSE & Other Guidance	Comments
➢ Vibration at Work HSE	➢ There is substantial evidence that as intensity and duration of exposure to vibrating tools increase, the risk of developing HAVS increases. ➢ In addition increases in symptom severity are associated with increased exposure, therefore as intensity and exposure are increased the time of exposure onset and the beginning of symptoms is shortened. ➢ Symptoms include a tingling sensation and a numbness or a distinct whiteness to parts of the finger that become worse when exposed to cold weather ➢ More severe symptoms include a feeling of loss of grip and reduced dexterity.

RESIDUAL RISK

HAZARDS		Likelihood			Severity					Risk Score
Ref.	Key hazards associated with the above task/activity.	Probable	Occasional	Remote	Catastrophic	Critical	Serious	Marginal	Negligible	Likelihood x Severity
	Score:	3	2	1	5	4	3	2	1	
1	Hand arm vibration syndrome			x			x			3
2										

Risk Assessment Scores:	10+ High Risk	5-9 Medium Risk	1-4 Low Risk

Project Title:	Eddie Newcombe	Risk Assess. No.:	B06
Task/Activity:	Electrical Hand Tools/Equipment	Project No.:	C1426
		Date Prepared:	28/04/2026

HAZARDS		Likelihood			Severity					Risk Score
Ref.	Key hazards associated with the above task/activity.	Probable	Occasional	Remote	Catastrophic	Critical	Serious	Marginal	Negligible	Likelihood x Severity
	Score:	3	2	1	5	4	3	2	1	
1	Electrocution			X	X					5
2	Noise/vibration		X				X			6
3	Flying particles from the material being worked		X					X		4
4	Flying particles from damaged tools			X			X			3
5	Trailing cables		X					X		4
6	Entanglement with moving parts			X			X			3
7	Sudden/unexpected movement of the tool		X					X		4
8										
9										
10										

Risk Assessment Scores:	10+ High Risk	5-9 Medium Risk	1-4 Low Risk

PERSONS AFFECTED					
Operatives	X	Members of Public		Site Visitors	x
Other Workers	x	Managers	x	Young Persons	X
Others					

PPE REQUIREMENTS					
Harness & Lanyard		Hi-Viz Clothing	x	Respiratory Protection	X
Hearing Protection	X	Eye Protection	X	Head Protection	X
Gloves	X	Boots	X		

***Resp Protection needed when drilling holes*

ADDITIONAL CONTROL MEASURES

Information/Instruction/Training

- All operatives and others in the area should be advised when noise, dust and other flying particles are likely to be present
- All operatives should be instructed in how to inspect and check the equipment prior to using it
- All operatives to be trained in the use, selection and storage of the tools they use
- At least one person on site shall have received training in electric shock treatment

Managerial Controls

- Ensure adequate supervision is provided and that control measures remain valid for the duration of the work

Physical Controls	Procedural Controls
➢ All electrical power tools to be 110v or less ➢ Power sockets shall not be overloaded ➢ The supply voltage shall always be within the operating range of the selected tool ➢ Trailing cables shall be managed to reduce the risk of slips, trips and falls ➢ All tools shall be earthed or double insulated ➢ Temporary and impromptu repairs shall not be allowed ➢ All tools and cables shall be inspected before use ➢ Transformers shall be centre tapped to earth ➢ When not in use, all tools shall be disconnected from its electrical supply ➢ All damaged and defective equipment shall immediately be taken out of use, reported to the supervisor and marked as being defective	➢ A planned preventative maintenance system shall be implemented whereby all equipment shall be regularly inspected, tested and maintained in accordance with manufacturers recommendations ➢ Where equipment is to be used in damp or confined spaces, management shall be responsible for ensure the correctly rated equipment is made available

HSE & Other Guidance	Comments
➢ HSE Guidance Notes – Safe Use of Portable Electrical Equipment ➢ Electricity on Construction Sites ➢ Manufacturers Guidance.t	➢

RESIDUAL RISK

HAZARDS		Likelihood			Severity					Risk Score
Ref.	Key hazards associated with the above task/activity.	Probable	Occasional	Remote	Catastrophic	Critical	Serious	Marginal	Negligible	Likelihood x Severity
Score:		3	2	1	5	4	3	2	1	
1	Electrocution			X	X					5
2	Noise/vibration			x				x		2
3	Flying particles from the material being worked			x				X		2
4	Flying particles from damaged tools			X			X			3
5	Trailing cables			x				X		2
6	Entanglement with moving parts			X			X			3
7	Sudden/unexpected movement of the tool			x				X		2
8										
9										
10										

Risk Assessment Scores:	10+ High Risk	5-9 Medium Risk	1-4 Low Risk

Project Title:	Eddie Newcombe	Risk Assess. No.:	B13
Task/Activity:	Other Hand Tools/Equipment	Project No.:	C1426
		Date Prepared:	28/04/2026

HAZARDS		Likelihood			Severity					Risk Score
Ref.	Key hazards associated with the above task/activity.	Probable	Occasional	Remote	Catastrophic	Critical	Serious	Marginal	Negligible	Likelihood x Severity
	Score:	3	2	1	5	4	3	2	1	
1	Splintering/shattering tools			X			X			3
2	Sharp blades/edges		X				X			6
3	Manual handling		X				X			6
4	Damaged tools		X				X			6
5	Incorrect tool for the job			X			X			3
6										

Risk Assessment Scores:	10+ High Risk	5-9 Medium Risk	1-4 Low Risk

PERSONS AFFECTED					
Operatives	X	Members of Public		Site Visitors	x
Other Workers	X	Managers		Young Persons	x
Others					

PPE REQUIREMENTS					
Harness & Lanyard		Hi-Viz Clothing	x	Respiratory Protection	
Hearing Protection		Eye Protection		Head Protection	X
Gloves	X	Boots	X		

ADDITIONAL CONTROL MEASURES

Information/Instruction/Training	Managerial Controls
➢ General awareness training required, together with specific training for any unusual tools ➢ Operatives should be trained to clean, store and maintain all tools	➢ Ensure adequate supervision is provided and that control measures remain valid for the duration of the work

Physical Controls	Procedural Controls
➢ Appropriate PPE to be work ➢ Damage tools to be returned to the supervisor ➢ All tools shall be regularly inspected and maintained ➢ Tools should only be used for their intended purpose	➢

HSE & Other Guidance	Comments
➢	➢

RESIDUAL RISK

HAZARDS		Likelihood			Severity					Risk Score
Ref.	Key hazards associated with the above task/activity.	Probable	Occasional	Remote	Catastrophic	Critical	Serious	Marginal	Negligible	Likelihood x Severity
	Score:	3	2	1	5	4	3	2	1	
1	Splintering/shattering tools			X				x		2
2	Sharp blades/edges			x			X			3
3	Manual handling		X				X			6
4	Damaged tools			x			X			3
5	Incorrect tool for the job			X				x		2
6										

Risk Assessment Scores:	10+ High Risk	5-9 Medium Risk	1-4 Low Risk

Project Title:	Eddie Newcombe	Risk Assess. No.:	B17
Task/Activity:	Lasers	Project No.:	C1426
		Date Prepared:	28/04/2026

HAZARDS		Likelihood			Severity					Risk Score
Ref.	Key hazards associated with the above task/activity.	Probable	Occasional	Remote	Catastrophic	Critical	Serious	Marginal	Negligible	Likelihood x Severity
	Score:	3	2	1	5	4	3	2	1	
1	Eye contact with the laser beam		X					X		4
2										
3										
4										
5										
6										
7										
8										
9										
10										

Risk Assessment Scores:	10+ High Risk	5-9 Medium Risk	1-4 Low Risk

PERSONS AFFECTED					
Operatives	X	Members of Public	X	Site Visitors	X
Other Workers	X	Managers	X	Young Persons	X
Others					

PPE REQUIREMENTS					
Harness & Lanyard		Hi-Viz Clothing	X	Respiratory Protection	
Hearing Protection		Eye Protection	X	Head Protection	X
Gloves	X	Boots	X		

ADDITIONAL CONTROL MEASURES

Information/Instruction/Training

- Adequate training in the use of lasers must be provided

Managerial Controls

- Ensure adequate supervision is provided and that control measures remain valid for the duration of the work

Physical Controls

- All power tools must hold a current patt test sticker, retesting every 3 months.
- Other site operatives and visitors to be verbally warned of the dangers of looking directly into laser beams

Procedural Controls

- The laser is only to be used the purpose it was intended
- Only use branded lasers bearing the CE standard

HSE & Other Guidance	Comments
➢ HSE (AOR) 2010 ➢ Manufacturers Guidance	➢

RESIDUAL RISK

HAZARDS		Likelihood			Severity					Risk Score
Ref.	Key hazards associated with the above task/activity.	Probable	Occasional	Remote	Catastrophic	Critical	Serious	Marginal	Negligible	Likelihood x Severity
	Score:	3	2	1	5	4	3	2	1	
1	Eye contact with the laser beam			x				X		2
2										
3										
4										
5										
6										
7										
8										
9										
10										
Risk Assessment Scores:		10+ High Risk			5-9 Medium Risk			1-4 Low Risk		

Project Title:	Eddie Newcombe	Risk Assess. No.:	B18
Task/Activity:	Use of Gas Actuated Tools	Project No.:	C1426
		Date Prepared:	28/04/2026

HAZARDS		Likelihood			Severity					Risk Score
Ref.	Key hazards associated with the above task/activity.	Probable	Occasional	Remote	Catastrophic	Critical	Serious	Marginal	Negligible	Likelihood x Severity
	Score:	3	2	1	5	4	3	2	1	
1	Materials/Fragments entering the eyes of the operative using the tool		x				x			6
2	Fixing through cables or services		x				x			6
3	Inadequately maintained tool		x				x			6
4	Through penetration of material		x					x		4
5	Contact with ejected nail			x			x			3
6	Noise/Damage to hearing, when fixing into steelwork		x				x			6
7										
8										

Risk Assessment Scores:	10+ High Risk	5-9 Medium Risk	1-4 Low Risk

PERSONS AFFECTED					
Operatives	x	Members of Public		Site Visitors	x
Other Workers	x	Managers	x	Young Persons	
Others					

PPE REQUIREMENTS					
Harness & Lanyard		Hi-Viz Clothing	x	Respiratory Protection	
Hearing Protection	x	Eye Protection	x	Head Protection	x
Gloves	x	Boots	x		

ADDITIONAL CONTROL MEASURES

Information/Instruction/Training

- Only competent operatives to use gas powered tools
- Operatives must be qualified to use each individual tool.

Managerial Controls

- Ensure adequate supervision is provided and that control measures remain valid for the duration of the work
- Maintenance records must be kept on all tools.

Physical Controls

- Eye protection must be worn whilst using the GX120 / Spit Gas Actuated Tool (P700 / P800)
- Ear protection must be worn, if whilst operating the tool you exceed 85dB(A) (2 meter rule) Usually whilst fixing into steelwork.
- Daily checks to be carried out on the tool by the operator.

Procedural Controls

- Any equipment which has jammed must be reported to the company management, do not try to fix it yourself.
- Prior to using, check that no services or cables obstruct the areas where fixing is to be carried out
- The tool must be returned to the box after use and not be left lying around.
- To prevent through penetration the operator must ensure that they are fixing into a suitable material.
- Operatives are to ensure that the correct fixing is being used on a specific substrate.

Physical Controls	Procedural Controls
	➢ Area surrounding work to be kept clean and tidy, any ejected nails to be allowed to cool and then removed to bins/skips.

HSE & Other Guidance	Comments
➢ HSE Noise Regulations	➢ Eye protection is a minimum of medium protection such as goggles.BS EN 166 – Frame B-Lens B ➢ Ear protection is a minimum of ear plugs _EN-352-2), although Met Excel recommends use of ear defenders – conforming to EN 352-1 or 352-3

RESIDUAL RISK

HAZARDS		Likelihood			Severity					Risk Score
Ref.	Key hazards associated with the above task/activity.	Probable	Occasional	Remote	Catastrophic	Critical	Serious	Marginal	Negligible	Likelihood x Severity
	Score:	3	2	1	5	4	3	2	1	
1	Materials/Fragments entering the eyes of the operative using the tool			x			x			3
2	Fixing through cables or services			x			x			3
3	Inadequately maintained tool			x			x			3
4	Through penetration of material		x					x		4
5	Contact with ejected nail			x			x			3
6	Noise/Damage to hearing, when fixing into steelwork			x			x			3
7										
8										

Risk Assessment Scores:	10+ High Risk	5-9 Medium Risk	1-4 Low Risk

Project Title:	Eddie Newcombe	Risk Assess. No.:	C07
Task/Activity:	Mobile Tower Scaffolds	Project No.:	C1426
		Date Prepared:	28/04/2026

HAZARDS		Likelihood			Severity					Risk Score
Ref.	Key hazards associated with the above task/activity.	Probable	Occasional	Remote	Catastrophic	Critical	Serious	Marginal	Negligible	Likelihood x Severity
	Score:	3	2	1	5	4	3	2	1	
1	Falls from height		X		X					10
2	Falling objects		X			X				8
3	Overturning of the tower		X		X					10
4	Collapse/failure of the tower			X	X					5
5										
6										
7										
8										
9										
10										

Risk Assessment Scores:	10+ High Risk	5-9 Medium Risk	1-4 Low Risk

PERSONS AFFECTED					
Operatives	X	Members of Public	X	Site Visitors	
Other Workers	X	Managers		Young Persons	
Others					

PPE REQUIREMENTS					
Harness & Lanyard		Hi-Viz Clothing	X	Respiratory Protection	
Hearing Protection		Eye Protection		Head Protection	X
Gloves	X	Boots	X		

ADDITIONAL CONTROL MEASURES

Information/Instruction/Training

- Only competent and experienced scaffolders shall be permitted to erect, modify or dismantle any scaffold tower and they must be in possession of a current PASMA certificate and card.
- Persons inspecting scaffold towers shall also be competent to do so and also hold a current qualification.
- All users of scaffold towers shall be trained to identify potential defects and inadequacies in the scaffold and the measures to be taken in such instances
- All users of scaffold towers shall be made aware of the dangers of making unauthorised modifications, such as the removal of guard rails and scaffold ties
- No worker shall be permitted to thrown any object of a scaffold tower

Managerial Controls

- Ensure adequate supervision is provided and that control measures remain valid for the duration of the work
- All scaffolds shall be erected in accordance with the manufacturer's instructions.
- Where scaffold towers are to be erected on the public highway, suitable lighting and other protective measures shall be implemented to protect other road users and the scaffold itself

Physical Controls	Procedural Controls
➢ All scaffold towers shall be constructed with double guard rails and fixed toe boards ➢ Scaffold towers shall always be constructed on level, solid foundations ➢ All ladders shall be securely tied off and guarded to prevent accidental falls ➢ Where scaffold towers are fitted with wheels, they should be securely locked before use	➢ No scaffold tower will be put into use will be used until it is complete and has been fully inspected by a competent person ➢ All scaffolds, including mobile towers will be subject to additional inspections every 7 days, these inspections will be recorded in accordance with the Working at Height Regulations 2005 ➢ Further inspections will be carried out after any adverse weather conditions and following any alterations ➢ Met-Excel operates a required to visually inspect each tower before and after use. Any concerns or damaged components are to be isolated and reported immediately.

HSE & Other Guidance	Comments
➢ Working at Height Regulations 2005 ➢ Work at height, Access equipment, Information, Tool (WAIT) ➢ Pasma Website	➢

RESIDUAL RISK

HAZARDS		Likelihood			Severity					Risk Score
Ref.	Key hazards associated with the above task/activity.	Probable	Occasional	Remote	Catastrophic	Critical	Serious	Marginal	Negligible	Likelihood x Severity
Score:		3	2	1	5	4	3	2	1	
1	Falls from height			x	X					5
2	Falling objects			x		X				4
3	Overturning of the tower			X	X					5
4	Collapse/failure of the tower			X	X					5
Risk Assessment Scores:		10+ High Risk			5-9 Medium Risk			1-4 Low Risk		

Project Title:	Eddie Newcombe	Risk Assess. No.:	C11
Task/Activity:	Working at Height	Project No.:	C1426
		Date Prepared:	28/04/2026

HAZARDS		Likelihood			Severity					Risk Score
Ref.	Key hazards associated with the above task/activity.	Probable	Occasional	Remote	Catastrophic	Critical	Serious	Marginal	Negligible	Likelihood x Severity
	Score:	3	2	1	5	4	3	2	1	
1	Falls from height		X		X					10
2	Falling objects		X			X				8
3										
4										
5										
6										
7										
8										
9										
10										

Risk Assessment Scores:	10+ High Risk	5-9 Medium Risk	1-4 Low Risk

PERSONS AFFECTED					
Operatives	X	Members of Public	X	Site Visitors	
Other Workers	X	Managers		Young Persons	
Others					

PPE REQUIREMENTS					
Harness & Lanyard		Hi-Viz Clothing	X	Respiratory Protection	
Hearing Protection		Eye Protection		Head Protection	X
Gloves	X	Boots	X		

ADDITIONAL CONTROL MEASURES

Information/Instruction/Training

- All operatives to be made aware of the risks and hazards associated with working at height and to be instructed in the contents of the method statement and safe system work
- All staff to be trained in the use and inspection of their harnesses and lanyards
- All workers to be provided with training in safe manual handling techniques

Managerial Controls

- Ensure adequate supervision is provided and that control measures remain valid for the duration of the work

Physical Controls	Procedural Controls
➢ A safe system of access and egress to the working area shall be provided. ➢ The working area shall provide protection from and to pedestrians and other road users where applicable ➢ Areas directly underneath the working areas shall be isolated using barriers.	➢ No materials or debris shall be allowed to be thrown from the building or access equipment ➢ A full method statement and safe system of work shall be prepared prior to the commencement of any works ➢ No material shall be allowed to be thrown from the roof area ➢ Warning signs shall be erected stating “men working overhead” ➢ Works shall not be permitted to take place during periods of adverse weather such as in strong winds or wet weather

HSE & Other Guidance	Comments
➢ HSE Working at Height Regulations ➢ Safe use of ladders and Stepladders (INDG455)	➢

RESIDUAL RISK

HAZARDS		Likelihood			Severity					Risk Score
Ref.	Key hazards associated with the above task/activity.	Probable	Occasional	Remote	Catastrophic	Critical	Serious	Marginal	Negligible	Likelihood x Severity
Score:		3	2	1	5	4	3	2	1	
1	Falls from height			x	X					5
2	Falling objects		X			X				8
3										
4										
5										
6										
7										
8										
9										
10										

Risk Assessment Scores:	10+ High Risk	5-9 Medium Risk	1-4 Low Risk

Occupational Health & Safety Site Information

Safety Gloves

Scope
This standard applies to all kinds of protective gloves in respect of physical and mechanical aggressions caused by abrasion, blade cut, and puncture and tearing.

Definition and requirements
Protection against mechanical hazards is expressed by a pictogram followed by four numbers (performance levels), each representing test performance against a specific hazard.

a. Abrasion resistance
Based on the number of cycles required to abrade through the sample glove. (Minimum 8000 for any task)
b. Blade cut resistance
Based on the number of cycles required to cut through the sample at a constant speed. (Minimum 1.2 for any task)
c. Tear resistance
Based on the amount of force required to tear the sample. (Minimum 50 for any task)
d. Puncture resistance
Based on the amount of force required to pierce the sample with a standard-sized point. (Minimum 20 for any task)

Test	Performance level rating					
	0	1	2	3	4	5
a. Abrasion resistance (cycles)	< 100	100	500	2000	8000	
b. Blade cut resistance (factor)	< 1.2	1.2	2.5	5.0	10.0	20.0
c. Tear Resistance (newton)	< 10	10	25	50	75	
d. Puncture resistance (newton)	< 20	20	50	100	150	

In all cases above, 0 indicates the lowest level of performance.

These performance levels must be prominently displayed alongside the pictogram on the gloves and on the packaging which contains the gloves.

Please check that your gloves are suitable for the task and request a new pair from your supervisor if a replacement is needed or if they are faulty in any way.

Task = Partitioning/Ceilings Grids

Cut Level 2-3 gloves must be worn for the above and handling materials

Must be to EN 388 2243

Ear Protection

When using power tools hearing protection must be worn at all times. Hearing protection is designed to reduce the intensity of sound that reaches the eardrum. They come in two forms, ear plugs and ear defenders.

Ear Plugs – are small inserts that fit into the outer ear canal. To be effective they must totally block the ear canal with an airtight seal. They are available in a variety of shapes and sizes to fit individual's ear canals and can be custom made.

Ear Defenders – fit over the entire outer ear to form an air seal so the entire circumference of the ear canal is blocked, and they are held in place by an adjustable band. Ear muffs will not seal around eyeglasses or long hair, and the adjustable headband tension must be sufficient to hold ear defenders around the ear. Ear plugs must be snugly sealed so the entire circumference of the ear canal is blocked. An improperly fitted, dirty or worn-out plug may not seal and can irritate the ear canal.

Properly fitted ear plugs or ear defenders can reduce noise 15 – 30 dB.

Ear plugs to be worn for low frequency noises Ear plugs minimum EN-352-2 Ear defenders to be worn for high frequency noise (hammer drilling, gas actuated guns) Ear defenders conforming to EN 352-1 or 352-3

All Met-Excel operatives have been provided with both ear protection alternatives and have been trained to wear the correct PPE as the task provides.

Safety Glasses / Goggles

All Met-Excel operatives have a legal obligation to use eye protection provided by the employer.

Eye protection must be worn at all times when working with any tools or working in any area that has particles, flying objects or dust. Similarly, if working with chemicals or plaster products.

Possible causes of eye injury:

- Using drills, hammers, gas-actuated tools
- Using compressed air and any gas, liquid or vapor under pressure
- Working with power tools where debris may be given off at speed (e.g. using an abrasive wheel)

All operatives to ensure the eye protection fits them and is suitable for the task. Ensure any lost or damaged glasses/goggles is replaced immediately. Do not be tempted to work without it.

When using gas actuated tools, goggles must be worn instead of safety glasses due to the full seal for added protection.

Glasses
Safety Spectacle Glasses – clear hard coated lens
Conforms to EN166.1.F

Goggles
JSP Impact Safety Goggles (clear lens)
Conforms with EN 166.1.B

Respiratory Protection

Where dust and fumes cannot be avoided by engineering or mechanical means (such as dust extraction, collection or dampening down) then the correct respiratory protective equipment must be provided and used.

RPE is designed to reduce the level or exposure to the type and quantity of dust/fumes.

All Met-Excel operatives have been face-fitted with both the FFP3 molded cup mask and the JSP Press-to-Check filter mask. Face-fit certificates are sent to Site Management as evidence on mask fitting and training.

Masks to be worn when:

- Cutting material (wood, metal, plasterboard etc.)
- Drilling into material where the material may give off dust particles, silica dust
- Handling dusty powder (plastering products) and mixing
- Sweeping dusty areas
- Using a product containing volatile solvents

JSP Press-to-Check filter mask for the use of power tools where a large amount of dust may occur must be worn.
Conformity: Conforms to EN140 (Face piece), EN14387:2004 (Filter performance), EN143:200 (Filter performance)

Ucair Moulded Masks (FFFP3) for lighter dust activities
Certified to EN149:2001 +A1:2009.

Scissor Lift Rescue Plan & Guidance Notes

1. Purpose

Under normal circumstances, back-up systems built into the machine will allow the operator to bring the platform of the machine to ground level under controlled conditions. It is extremely unusual for these systems to fail.

To ensure that a safe method of rescue is available when all other back-up systems for returning personnel to ground level have failed, the following procedures can be used.

2. Standard Operating Procedure

Ensure that all normal emergency lowering procedures have been activated.

Contact the site manager to report failure of back-up emergency lowering systems and request engineering back-up.

If, after inspection by the engineer, it is not possible to effect a repair to allow the machine to be brought to the ground, the site manager must be contacted for permission to carry out basket to basket rescue.

3. Code of Practice for Mid Air Rescue

A. The details of the risk assessment carried out shall be recorded onto the site-specific risk assessment form.

B. The rescue machine must be positioned so as to enable the rescue procedure to be carried out without compromising the safety of personnel involved in the rescue.

C. The platforms of both machines must be adjacent to each other with a minimal gap between them unless exceptional circumstances mean this is not possible. (Where this is not possible, the circumstances shall be recorded onto the risk assessment form.)

D. A double lanyard must be attached to the person being rescued and the anchor points on both machines before the rescue takes place.

E. Care must be taken not to overload the rescue machine. This may mean making more than one journey to complete the rescue.

F. Where alternative emergency systems are not possible, consideration should be given for the use of an emergency evacuation system, examples of which are: control descent systems, crane basket rescue (this is not exhaustive).

Further guidance can be found in BS8460, section 6.6.

Rescue Plan for Work at Height from a Mobile Elevating Work Platform (MEWP)

This rescue plan has been compiled in order to comply with current legislation (Work at Height Regulations 2005) for people who work at height. It is to be brought to the notice of those exposed to the risk of working at height and those supervising and managing the same work at height.

Emergency Situation	Proposed Action
Failure of upper control functions while elevated	Where the normal upper control functions fail, the operator will use the auxiliary controls from the platform to lower the boom safely to the ground.
Failure of the operator to be able to operate the MEWP functions while elevated due to the following reasons: **A.** Operator incapacitated **B.** Auxiliary functions fail to operate from upper control station.	Where the operator is incapable of lowering the MEWP using the upper controls, an appointed person familiarised in the use of the lower 'ground' controls will lower the platform safely to the ground using the lower ground controls.
Failure of lower ground controls	Where the lower ground controls fail to allow the boom to be lowered safely to the ground, the appointed person will use the auxiliary ground controls to lower the boom safely to the ground.
Failure of ALL normal and auxiliary lowering functions	Where all normal and auxiliary functions have failed, the appointed person on the ground should refer to BS8460 section 6.6 Rescue from height

Section 3 – COSHH Assessments

CONTROL OF SUBSTANCES HAZOURDOUS TO HEALTH ASSESSMENT FORM						
RISK ASSESSMENT	LOW	X	MEDIUM		HIGH	

MATERIAL NAME: Mineral Wool Insulation	ASSESSMENT REF
Crown™ , Icerock® , Rocksilk™ , Loft Roll™ , Thermolan™ KrimpactTM Blown Cavity Wall Insulation – Rock and Glass products, Rafter Roll 32, Room in Roof Roll, Dritherm Cavity Slab, TakBoard, Flatroof Slabs, SteelTherm, Earthwool, Earthwool Carbon Zero, Insulation Board /Roll, Kalzip, Frametherm, Insulation Mat, Insulation Slab, B & Q DIY roll, Wickes Cavity Slab 37, Isowool, Contract, Factoryclad.	CA-1396
	CAS NO

COMPOSITION/INFORMATION OF INGREDIENTS:	Manufacturer:
General composition: Mineral wool man (machine) made vitreous fibre >18% alkali and earth alkali oxides with up to 7% of cured bonding agent (up to 7% of a cured bonding agent comprising a nitrogen-containing polymer derived from natural products and containing low levels of saline and hydrocarbon oil).	British Gypson-019559451000 British Gypsum- 01795 416259 Rockwool – 01656 868445 Crown-0151 549 1353

PHYSICAL AND CHEMICAL PROPERTIES:

Appearance: Vitreous mineral wool.
Softening point: Above 600oC.
Solubility: Glass fibres have very low solubility in water. Product is generally chemically inert. Some leaching of organic binder may occur

MATERIAL USED IN/AS:	Risk Phrases:
Insulation to walls, ceilings and lofts	Irritating to eyes and skin
HAZARDOUS CONSTITUENTS:	**Safety Phrases:**
Substance None	None given

EXPOSURE CONTROLS/ PERSONAL PROTECTION:
Occupational Exposure Limits (based on 8 hour TWA period)

Respiratory protection - In confined spaces it is recommended that disposable face masks complying with EN149 FFP2 or FFP3 should be used and are suitable for most applications to improve comfort.
Hand protection – Gloves are to be worn to reduce skin irritation.
Eye protection - When working with product above head height, eye protection to BS EN 166 is advised.
Skin protection – Cover exposed skin, disposable suits are recommended.

EXPOSURE CONTROLS (REFER TO MS):	TRAINING/INFORMATION/INSTRUCTION:
	All operatives to be CSCS trained

GENERAL VENTILATION	EGINEERING CONTROL	CONTAINMENT	SPECIAL	
X				

FIRST AID MEASURES:

EYES - If irritation occurs, wash eyes with water.
SKIN - If irritation occurs, remove contaminated clothing and wash skin with soap and water.
INHALATION - Move person to fresh air
INGESTION - Drink plenty of water if accidentally ingested.
If any adverse reaction or discomfort continues from any of the above exposures, seek medical advice

PERSONAL PROTECTIVE EQUIPMENT REQUIRED:

Respiratory -Area should have adequate ventilation and dust extraction, if not a half facemask to EN 149 Class FFP1S should be used.
Eye -Safety goggles to BS EN 166 2A5 are recommended when dust is likely to occur.
Skin - Wear overalls and suitable clothing to avoid prolonged skin contact. Impervious gloves, e.g. PVC and normal protective overalls should be worn.

PAPER MASK	FILTER MASK	GLOVES	LEATHER GLOVES	RUBBER GLOVES	EYE PROTECTION	RESPIRATOR	DISPOSABLE SUIT
	X	X			X		X

FIRE FIGHTING MEASURES:

The products do not pose a fire hazard in use; however, some packaging materials or facings may burn.
a) Suitable Extinguishing Media - water, foam, carbon dioxide or dry powder.
b) Media not to be used – none known
c) Products of combustion - carbon dioxide, carbon monoxide and some trace gases such as ammonia, nitrogen oxides.
d) If fire occurs in a warehouse storing the mineral wool prior to use, respiratory protection/ breathing apparatus may be required. Otherwise no special fire-fighting requirements

SUITABLE EXTINGUISHER TYPES:

WATER	FOAM	CO2	DRY POWDER
X	X	X	X

ACCIDENTAL RELEASE MEASURES:

Personal precautions: Avoid contact with skin or eyes. Minimise exposure to dust. See section 8 for recommended personal protection measures.
Method for clean up: Large pieces may be placed in plastic bags or waste bins. Granules or dust should be collected using vacuum cleaning or by damping down with water spray prior to brushing up.

STABILITY AND REACTIVITY:

No special physical conditions need to be avoided.
No restrictions regarding incompatible materials.
Binder will decompose above 200oC. Decomposition products principally Carbon Dioxide, Carbon Monoxide and some trace gases, in a well-ventilated area these trace gases are likely to be below hazardous levels

TOXICOLOGICAL EFFECTS:

Not classified as a carcinogen under the EU Dangerous Substances Directive 67/548/EEC and Directive 97/69/EC.
No link between exposure to mineral wool fibres and lung disease in production or user industries. IARC Group 3 (not classifiable)
No adverse irritant reaction to skin in dermal patch tests
No chronic effects usually associated with skin or eye contact
Xi-irritant R38 (irritating to skin)
S36/37 Wear suitable protective clothing and gloves

ECOLOGICAL INFORMATION:

Inert inorganic product with very small organic content 5 to 7%
Some leaching of organic content may occur if disposed of in landfill < 0.3%
The material is not ecotoxic by composition.

TRANSPORT INFORMATION:

No special precautions or restrictions involving transport or conveyance are known

DISPOSAL MEASURES:

European waste catalogue code 17 06 04 Non Hazardous

DATE	CARRIED OUT BY	REVIEW DATE	REVIEW CARRIED OUT BY
28/11/22	**A Charlesworth**	**28/05/2025**	

MET- EXCEL LTD
Unit 5, Southgate Industrial Estate, Green Lane, Heywood, OL10 1ND

CONTROL OF SUBSTANCES HAZOURDOUS TO HEALTH ASSESSMENT FORM

RISK ASSESSMENT	LOW	X	MEDIUM		HIGH	

MATERIAL NAME:	**ASSESSMENT REF**
Gypsum Plaster	MXL1396
	CAS NO

COMPOSITION/INFORMATION OF INGREDIENTS:	**Manufacturer:**
General composition: Powder or paste (premixed)containing; calcium sulphate hemihydrate. Natural constituents may include; clay, limestone, auartz and (less than 1%) hydrated lime.	British Gypsum- 0844 800 1991 British Gypsum-01795 416 259 Siniat-01275 377 773

PHYSICAL AND CHEMICAL PROPERTIES:

Appearance: Dry Fine Powder or Paste.
pH: 8.1 –8.4
Solids Content: >74%
Specific Gravity: 1.59 – 1.63
Solubility in water: None

MATERIAL USED IN/AS:	**Risk Phrases:**
Plaster coating to provide finish to Blockwork/plasterboard walls	1, Irritating to eyes and skin. 2, Harmful if inhaled.
HAZARDOUS CONSTITUENTS:	**Safety Phrases:**
This product is not classed as dangerous according to EC Regulation 1272/2008 and its amendments. Plaster may form an alkaline solution on contact with body moisture or when mixed with water.	Ensure operatives are provided RPE which has been face-fit tested.

EXPOSURE CONTROLS/ PERSONAL PROTECTION:
Occupational Exposure Limits (based on 8 hour TWA period)

Ensure adequate ventilation is provided in the working environment.
Impervious gloves, e.g. PVC and normal protective overalls should be worn.

EXPOSURE CONTROLS (REFER TO MS):	**TRAINING/INFORMATION/INSTRUCTION:**
	All operatives to be CSCS trained

GENERAL VENTILATION	EGINEERING CONTROL	CONTAINMENT	SPECIAL	
X				

FIRST AID MEASURES:

Inhalation – Remove affected person to fresh air.
Skin Contact – Using clean water, rinse then wash using soap and water.
Eye Contact – Wash with clean water and seek medical advice if irritation occurs.
Ingestion – Wash out mouth and drink plenty of clean water.

Please note: Should any symptoms persist obtain medical assistance

PERSONAL PROTECTIVE EQUIPMENT REQUIRED:

Respiratory - Area should have adequate ventilation and dust extraction. FFP3 masks which are tested to the individual user should be worn whilst mixing and sanding.

Eye - Safety goggles to BS EN 166 2A5 MUST BE WORN when mixing – and as recommended when dust is likely to occur.

Skin - Wear suitable clothing or disposable suits to avoid prolonged skin contact. Impervious gloves, e.g. PVC and normal protective overalls should be worn.

PAPER MASK	FILTER MASK	GLOVES	LEATHER GLOVES	RUBBER GLOVES	EYE PROTECTION	RESPIRATOR	DISPOSABLE SUIT
	X	X			X		

FIRE FIGHTING MEASURES:

This product is fire resistant and does not pose a fire hazard. However, some packaging materials may burn.

SUITABLE EXTINGUISHER TYPES:

WATER	FOAM	CO2	DRY POWDER
X	X	X	X

ACCIDENTAL RELEASE MEASURES:

Vacuum or brush dry spillages. Shovel as appropriate and bag for disposal taking care not to raise excessive dust.
Wet spillages should be contained and absorbed with sand or plaster then scraped and cleaned up.
Hot water and detergent can be used to clean adhesives and sealant residues

STABILITY AND REACTIVITY:

Stable and un-reactive under normal storage conditions.

TOXICOLOGICAL EFFECTS:

Inhalation – Dust can cause short term irritation to the respiratory system, prolonged exposure can result with serious respiratory problems.
Skin Contact – Prolonged exposure may cause dry skin leading to irritation.
Eye Contact – Short term irritation can be experienced due to dust formation.
Ingestion – Wash mouth and drink water.

ECOLOGICAL INFORMATION:

Slightly soluble in water,forms a suspension and solidifies.

TRANSPORT INFORMATION:

No special precautions or restrictions involving transport or conveyance are known

DISPOSAL MEASURES:

Authorised landfill site in accordance with current waste management regulations.

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MET- EXCEL LTD
Unit 5, Southgate Industrial Estate, Green Lane, Heywood, OL10 1ND

CONTROL OF SUBSTANCES HAZOURDOUS TO HEALTH ASSESSMENT FORM

RISK ASSESSMENT	LOW	X	MEDIUM		HIGH	

MATERIAL NAME:	ASSESSMENT REF
Gyproc: DuraLine, FireLine, moisture, SoundBloc, Thermaline, Firecase, wallboard **British Gypsum: Wallboard, Vapour Panel, Moisture Panel, Sound Panel, impact Panel, Soundshield, Performance, Core Board.** **BRITISH GYPSUM: Standard Board, MoistureCheck Board, Vapour Board, dB Check Board, Fire Board**	MXL1396 **CAS NO** CA-KN-01
COMPOSITION/INFORMATION OF INGREDIENTS:	**Manufacturer:**
General composition: **Plasterboard:** Calcium sulphate hemihydrate. **Fire Resistant Boards and Core Board:** also contains some glass fibre and vermiculite. **Moisture Resistant Boards and Core Board:** also contain a silicone additive contains some wax. **Vapour Boards:** are backed with a metalized polyester film.	British Gypsum-01955 945 1000 British Gypsum-01795 416 295 Siniat-01275 377 773
MATERIAL USED IN/AS:	**Risk Phrases:**
Partition wall construction, solid ceiling construction, encasements.	Irritating to eyes and skin. Dust may irritate respiratory system
HAZARDOUS CONSTITUENTS:	**Safety Phrases:**
Products are not classified as dangerous according to EC regulation 1272/2008 and its amendments. Plaster may form alkaline solution on contact with body moisture or mixed with water.	NONE

EXPOSURE CONTROLS/ PERSONAL PROTECTION:

Occupational Exposure Limits

Substance	Inhalable	Respirable
Gypsum	10 mg/m3	4 mg/m3
Limestone	10 mg/m3	4 mg/m3
Quartz	0.3 mg/m3 (MEL)	

The manmade mineral fibres used in Soundshield, Fireshield, and Impact Panel are non-respirable.
Note: 8 hour TWA reference period

EXPOSURE CONTROLS (REFER TO MS):	TRAINING/INFORMATION/INSTRUCTION:
	All operatives to be CIS trained

GENERAL VENTILATION	EGINEERING CONTROL	CONTAINMENT	SPECIAL	
X				

FIRST AID MEASURES:

Inhalation - Remove person to fresh air.
Skin contact - Using clean water, rinse and then wash using soap & water.
Eye contact - Wash with clean water and seek medical advice if irritation occurs.
Ingestion - Wash out month and drink plenty of clean water

Please note: Should any symptoms persist obtain medical assistance

PERSONAL PROTECTIVE EQUIPMENT REQUIRED:

Respiratory – When sawing or sanding product, use local exhaust system to control dust or wear a face-fitted mask to EN149 Class FFP3, if dust cannot be controlled.
Skin – Wear protective gloves to avoid prolonged or repeated contact.
Eye - Wear safety goggles to BS EN 166 when sawing or sanding, or when handling products overhead.

PAPER MASK	FILTER MASK	GLOVES	LEATHER GLOVES	RUBBER GLOVES	EYE PROTECTION	RESPIRATOR	DISPOSABLE SUIT
		X					

FIRE FIGHTING MEASURES:

Plasterboard has limited combustibility; how- ever paper facings and packaging may burn. All standard fire extinguishers are suitable, using normal firefighting procedures

SUITABLE EXTINGUISHER TYPES:

WATER	FOAM	CO2	DRY POWDER
	X	X	X

ACCIDENTAL RELEASE MEASURES:

Prevent these products from contaminating drains, watercourses, ground or soil.

STABILITY AND REACTIVITY:

Stable and non-reactive with other building materials.

TOXICOLOGICAL EFFECTS:

Inhalation - Dust can cause short term irritation to the respiratory system, prolonged exposure can result in serious respiratory problems.
Skin Contact - Prolonged or repeated contact may cause dry skin leading to irritation.
Eye Contact - Short term irritation can be experienced due to dust formation.
Ingestion - Wash mouth out and drink plenty of water.

ECOLOGICAL INFORMATION:

Stable product with no known adverse effect.

TRANSPORT INFORMATION:

Not classified as hazardous for transport.

DISPOSAL MEASURES:

Authorised landfill site in accordance with current Waste Management Licensing Regulations.

HANDLING & STORAGE:

Plasterboards are supplied shrink wrapped on timber bearers. Packs should be lifted with a fork lift truck, the forks being set so there is an even weight distribution and no deformation of the pack. Ensure handling equipment is of adequate capacity and that the personnel are advised of handling procedures and safety clothing. Care should be taken at all times to avoid strain to the handlers. Boards should not be lifted at the short edges or carried horizontally. Carry the boards on the edge, two persons per board by supporting one long edge and gripping upper edge to avoid breaking due to flexing.

Plasterboards and cove must be stored flat in a clean dry environment. If timber bearers are used to store boards on site, they should be a minimum 40mm wide and placed at 450mm centres.

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CONTROL OF SUBSTANCES HAZOURDOUS TO HEALTH ASSESSMENT FORM

RISK ASSESSMENT	LOW	X	MEDIUM		HIGH	

MATERIAL NAME:	ASSESSMENT REF
Everbuild: Fire Mate, Fire Sealant 300 **Rockwool: FirePro, FirePro High Expansion** **Corofil: PFC Corofil Acoustic Intumescent Sealant**	MXL.C1426 **CAS NO**
COMPOSITION/INFORMATION OF INGREDIENTS:	**Manufacturer:**
General composition: Water-based emulsion. Acrylic polymer, flame retardant fillers, intumescent additives.	Everbuild- 0113 200 9456 Rockwool- 01656 868 445 Corofil- 020 8391 2723

PHYSICAL AND CHEMICAL PROPERTIES:

Appearance: Paste
pH: 8.1 –8.4
Solids Content: >74%
Specific Gravity: 1.59 – 1.63
Flash Point: >100o C
Solubility in water: Dispersible

MATERIAL USED IN/AS:	Risk Phrases:
Gap Sealant for sealing of gaps around service pipes, expansion joints, fire doors etc.	May cause irritation to eyes and skin
HAZARDOUS CONSTITUENTS:	**Safety Phrases:**
Ammonia 0.5% Sufficient Blend 0.3% Preservative Mixture 0.1%	None given

EXPOSURE CONTROLS/ PERSONAL PROTECTION:
Occupational Exposure Limits (based on 8 hour TWA period)

Ensure adequate ventilation is provided in the working environment.
Impervious gloves, e.g. PVC and normal protective overalls should be worn.

EXPOSURE CONTROLS (REFER TO MS):	TRAINING/INFORMATION/INSTRUCTION:
None	All operatives to be CSCS and NVQ Level 2 Qualified.

GENERAL VENTILATION	EGINEERING CONTROL	CONTAINMENT	SPECIAL	
X				

FIRST AID MEASURES:

Inhalation – No known effects.
Skin Contact – Wash with soap and water.
Eye Contact – Wash immediately with clean water. If irritation persists, seek medical advice.
Ingestion – Wash mouth with water, seek medical advise if reaction occurs.

Please note: Should any symptoms persist obtain medical assistance

PERSONAL PROTECTIVE EQUIPMENT REQUIRED:

Respiratory - None

Eye – Eye protection is to be worn when operatives are applying sealant directly above their heads.

Skin - Wear suitable clothing to avoid prolonged skin contact. Impervious gloves, e.g. PVC and normal protective overalls should be worn.

PAPER MASK	FILTER MASK	GLOVES	LEATHER GLOVES	RUBBER GLOVES	EYE PROTECTION	RESPIRATOR	DISPOSIBLE SUIT
X		X					

FIRE FIGHTING MEASURES:

This product is fire resistant and does not pose a fire hazard.

EXTINGUISHER TYPES:

WATER	FOAM	CO2	DRY POWDER
	X	X	X

ACCIDENTAL RELEASE MEASURES:

Clean spillage using pallet knife and damp cloth.

STABILITY AND REACTIVITY:

Stable and un-reactive under normal storage conditions. Check compatibility with pipe manufacturer prior to use

TOXICOLOGICAL EFFECTS:

Inhalation – None
Skin Contact – May cause mild irritation at site of contact.
Eye Contact – May cause mild irritation to the eyes.
Ingestion – May cause irritation to the throat.

ECOLOGICAL INFORMATION:

This product is not expected to cause harm to animals, fish or plants

TRANSPORT INFORMATION:

No special precautions or restrictions involving transport or conveyance are known

DISPOSAL MEASURES:

Waste products are not hazardous and their disposal should be in accordance with local regulations

DATE	CARRIED OUT BY	REVIEW DATE	REVIEW CARRIED OUT BY
28/11/22	**A Charlesworth**	**28/05/2025**	

MET- EXCEL LTD
Unit 5, Southgate Industrial Estate, Green Lane, Heywood, OL10 1ND

Risk Assessment & Method Statement Sign Off Sheet

Eddie Newcombe – Internals

Sign Off Sheet 1

(This method statement should be used to brief all persons involved in the works, they should add their name and signature to show they have received and understood this method statement)		
NAME	**SIGNATURE**	**DATE**