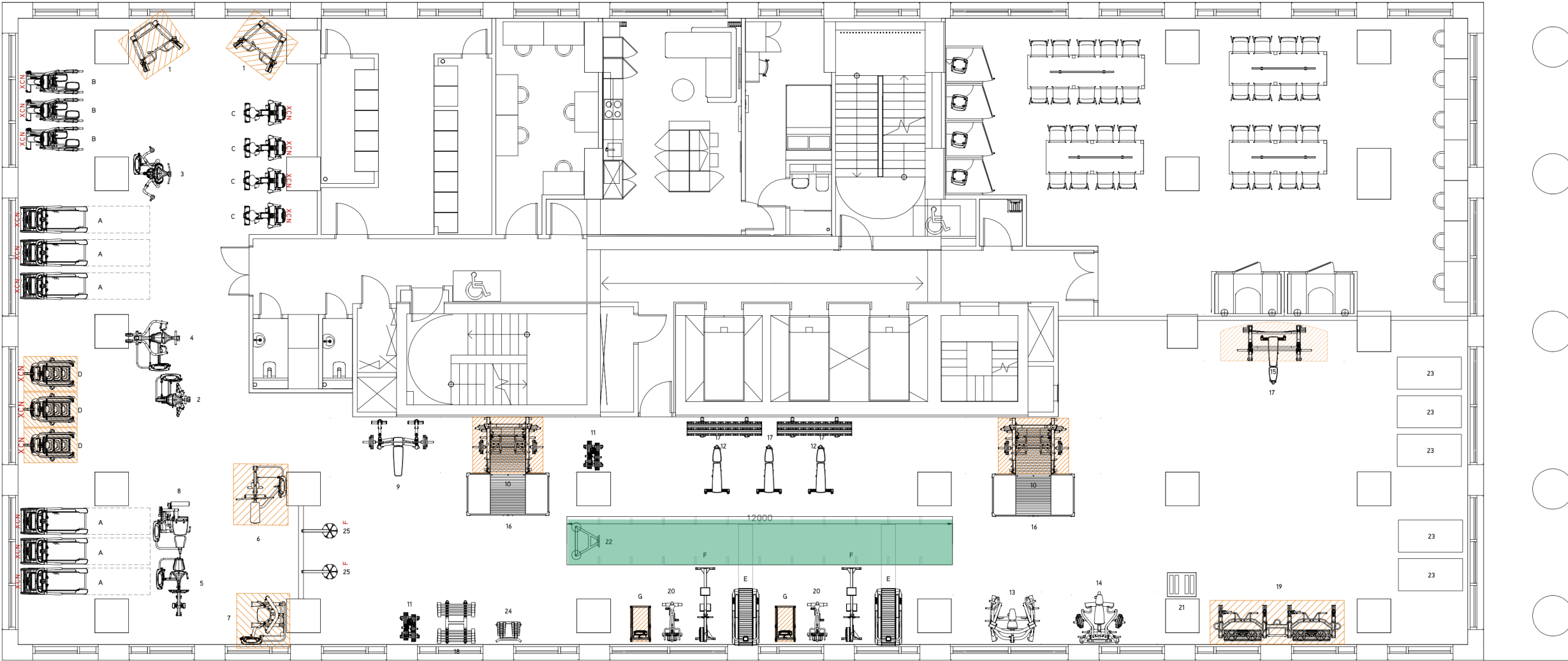




Key:

Cardiovascular Endurance (Total 16 Units)

- A Treadmill Touch (x6)
- B Elliptical Touch (x3)
- C Upright Cycle Touch (x4)
- D ClimbMill Touch (x3)

Misc Cardiovascular (Total 6 Units)

- E Assault AirRunner (x2)
- F Concept 2 Rower (x2)
- G Concept 2 SkiErg (x2)

Versa (Total 9 Units)

- 1 FTS30 Functional Trainer (x2)
- 2 S13 Converging Chest Press
- 3 S22 Rear Delt Fly
- 4 S23 Converging Shoulder Press
- 5 S70 Leg Press
- 6 S331 Lat Pulldown Seated Row
- 7 S601 Chin Dip Assist
- 8 S711 Leg Extension Leg Curl

Magnum (Total 17 Units)

- 9 A678 Breaker Olympic Flat Bench
- 10 MR690 Mega Half Rack (x2)
- 11 A67 Weight Tree (x2)
- 12 MG-A510 10-pair Pro-style Dumbbell Rack (x2)
- 13 PL12 Vertical Bench Press
- 14 PL23 Shoulder Press
- 15 PL62 Smith Machine 2021
- 16 MA9091P-4 Hardwood Platform (x2)
- 17 A82 Adjustable Bench (x4)
- 18 A68 Barbell Rack

Group Training Strength & Flexibility (Total 1 Units)

- 19 GFTEDG-02 Connexus 2 Bay Edge

Misc (Total 12 Units)

- 20 Cardiovascular Concept 2 BikeErg (x2)
- 21 Plyo Soft Box Medium
- 22 Prowler
- 23 Stretch Mat 2000mm x 1000mm (x5)
- 24 Vertical Dumbbell Rack
- 25 Wall Mounted Punch Bag (x2)

Gym Total 61 Units

Notes:

Equipment hatched in 'orange' are units that are 2.1m and above, in height.

Please consult the Matrix Fitness Connected Equipment Preparation Guide for further information

X Power

- Treadmills - Minimum 16 Amp, dedicated, non-loop grounded circuit.
- Other - Minimum 10 Amp circuits, Max machines per circuit = 4.

This is for all Matrix Products, if Third Party please consult.

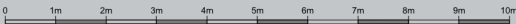
C F-Type Coaxial Point - for TV Aerial

N Cat5e or higher spec data cabling for wired network and/or IPTV (if app.)

F Equipment Fixed/Bolted Down

Equipment that requires fixing/bolting to the gym floor please consult.

Scale Bar



a minimum of 1 metre between strength based equipment.

Vita Group, Union 3 - Option 2.

Phase 1 - Version 5

Quote Reference:		Drawing Reference:	
TBC		45818TVUnion 3 - Option 210052D	
Account Manager:	Date:	Scale:	Drawn By:
	21 August 2025	NTS	Charlotte Ratcliffe