



CPP – A831_816 Stockport Road.

Conor Bright

Date: 28/10/2025

Britegroup Health and Safety Limited

Document Review

Rev No. A	Position	Name	Date of review	Reason for revision/ review
Prepared by	Safety Advisor	Conor Bright	28/10/2025	Preparation
Reviewed by	MD Britegroup H&S Ltd	Paul Welsh	28/10/2025	Review
Approved by	MD Sal Construction MCR	Matin Hosseini	28/10/2025	Approval
Rev No. B	Position	Name	Date of review	Reason for revision/ review
Prepared by				
Reviewed by				
Approved by				
Rev No. C	Position	Name	Date of review	Reason for revision/ review
Prepared by				
Reviewed by				
Approved by				
Rev No. D	Position	Name	Date of review	Reason for revision/ review
Prepared by				
Reviewed by				
Approved by				

This CPP will be reviewed every 6 month or where changes are made to the planned project.

Next planned review date: 28/04/2026

Contents

- 1. Introduction**
- 2. Project details**
- 3. Site arrangements**
- 4. Site management**
- 5. Site rules**
- 6. Site induction**
- 7. Health and Safety file**
- 8. Sequence of works**
- 9. Signing off sheet.**

1. Introduction – General statement of health and safety principals.

'As principal contractor, we (Sal Construction MCR) are, in preparing this Construction phase health and safety plan, complying with regulation 12 of the Construction (design and management) regs 2015 and are including all information, arrangements for welfare and related items for the health and safety of persons at work on this project.

It is the aim of the client, clients' representatives and principal contractors to maintain a safe and healthy site and work environment for all those working on it and others that may be affected by work activities. Every sub-contractor and employee will be encouraged to play a part in achieving this objective. This plan is to be read in conjunction with site specific RAMs/ COSHH assessment.

It is the aim of Sal Construction MCR to achieve the highest level of health and safety before, during and after a project.

Sal Construction MCR shall coordinate the health and safety of all organizations and persons on site including utility companies and contractors appointed directly by the client. This will include for formulation of specific site rules, training and dissemination of information to the work force.

Health and safety goals for the project:

- To have no accidents or near misses on site or adjacent to the site.
- To provide welfare facilities for persons at work in accordance with current legislation.
- To ensure all site operatives are inducted before starting on site.
- To maintain appropriate site security throughout the construction period.
- To provide safe access to and egress from workplace.
- To have no occupational ill health arising from workplaces.
- To ensure that no environmental damages occur.

- To ensure that the least disruption to the local community due to the project.
- To ensure that manual handling tasks are reduced to the lowest level reasonably practicable.
- To provide working places that are free from risk to health and safety of persons at work or affected by the work, so far as reasonably practicable.

Sal Construction MCR will work and operate in accordance with the pre-construction information and specification documents previously provided.

Client Goals

Whilst undertaking these works it is the Client's policy to:

- Ensure the likelihood of accidents and ill health is reduced.
- Ensure all works are carried out following all relevant legislation, industry standards, and codes of practice.
- Ensure a positive safety culture is created and that Health, Safety and the Environment are given the highest priority.
- Recognise and reward those who make a positive contribution towards Health, Safety, and Environmental best practice.
- Ensure the project is undertaken in such a way as to cause minimal environmental impact and damage.

Project specific goals

The specific goals for this project are to:

- To achieve a site culture where no one gets hurt.
- Always execute the works with the highest standards of health and safety management.
- Maintain a safe and secure site.
- Keep people healthy and productive.
- Ensure assessments of risk are undertaken prior to making decisions that impacts people, equipment, or the environment.
- Reward high standards of HSE best practice.
- Utilise a Stop Work process any time an unsafe condition or act is observed.
- Act upon all reported unsafe acts and conditions.
- Minimise disruption and nuisance to third parties.
- Undertake regular reviews of these goals.

- Report, investigate and escalate incidents promptly.

Sal Construction MCR will ensure that adequate resources are given to ensure these goals are met.

2. Project details

CONTRACT TITLE	A831_816 Stockport Road
SITE ADDRESS	816 Stockport Road Levenshulme Manchester M19 3AW
CLIENT	Capstone Construction (North West) Ltd 989 Stockport Road Manchester M19 2SY Contact: Raja Asad Tel; 07727491506 Email: asadraja207@icloud.com
CDM PRINCIPAL DESIGNER	JAD Consulting Risk Management Old Smithy Cottage Llay Road LL12 0TL Contact: James Dean Tel: 07800521476 Email: James@jadconsulting.co.uk
CDM ADVISOR	Britegroup Health and Safety Limited Unit F Roe Cross Industrial Park Mottram SK14 6NB Contact: Paul Welsh Tel: 07833346261 Email: paul@bghns.com

PRINCIPAL CONTRACTOR	Sal Construction MCR Floor 6 Sentinel House Albert Street Manchester M30 0NA Tel: 08380838083 Email: salconstructionmcr@gmail.com
BR PINCIPAL DESIGNER	Ollier Smurthwaite Architects 40 King Street Manchester M2 6AB Contact: Matt Ollier Tel: 0161 833 0838 Email: matt.ollier@olliersmurthwaite.com
M&E CONSTULTANT	Watt Energy & Consulting Engineers Limited 40 King Street Manchester M2 6BA Contact: Dan Watt Tel: 07944342776 Email: dan.w@wece.co.uk
QUANTITY SURVEYOR	Construction Q Unut N2 Chorley Technology & Business Park Euxton Lane Chorley PR7 6TE Contact: Michael Matthews Tel: 01257676105 Email: Michael.matthews@constructionq.co.uk
Site Manager	Behzad Nabavi
Site First Aider Fire warden	Behzad Nabavi Behzad Nabavi
COMMENCEMENT DATE	17/11/2025
WORKING HOURS	07:30 – 17:30hrs over the entire period as required. Monday – Friday.

DURATION / COMPLETION:	69 weeks – March 2027
HAZARDOUS MATERIALS	A refurbishment & demolition survey took place in March 2025, with no ACMs identified.
F10	An F10 Notification is required for this project.
HSE	Tel: 0300 003 1747 RIDDOR Reporting Incident Contact Centre on 0345 300 9923 (Opening hours Monday to Friday 8.30 am to 5 pm).
FIRE SERVICE	Manchester Central Community Fire Station Thompson Street Manchester M4 5FY 999 0161 608 4000
SAFETY ADVISOR Author of this CPP Version 1 – 28/10/2025.	Britegroup Health and Safety Limited Conor Bright conor@bghns.com Tel: 07715698986
Structural Engineer	Bell Munro Consulting Turing House Archway Hulme Manchester M15 5RL Contact: Aurelijus Lisauskas Tel: 01612098032 / 07955288508 Email: alisauskas@bellmunro.co.uk
Subcontractor- Performing all works	Various

Quality Surveyor	
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Management structure

Roles and responsibilities under CDM regulations 2015:

The Client's Duties:

In accordance with the CDM Regulations 2015, commercial clients must: Make suitable arrangements for managing the project to ensure that health and safety risks are managed proportionately throughout. These arrangements include:

- Appointing designers and contractors, including a Principal Designer (PD) and Principal Contractor (PC) where more than one contractor is involved, and ensuring
- they possess the necessary skills, knowledge, experience and organisational capability (SKEC).
- Allowing adequate time and resources at each stage of the project.
- Ensuring appointed duty holders discharge their duties effectively under CDM 2015.
- Ensuring suitable welfare facilities are provided and maintained for the duration of construction work.
- Additionally, the client must: Maintain and review the project management arrangements for health and safety throughout the life of the project.
- Provide Pre-Construction Information (PCI) to every designer and contractor bidding for or engaged on the project.
- Ensure that the Construction Phase Plan (CPP) is prepared by the Principal Contractor or, where only one contractor is involved, by that contractor, before work starts.
- Ensure that a Health and Safety File is prepared by the Principal Designer and is reviewed, updated, and handed over to the client at project completion.
- For notifiable projects (where construction work lasts more than 30 working days with more
- than 20 workers simultaneously on site, or exceeds 500 person-days of labour), the client must also: Notify the Health and Safety Executive (HSE) before construction work starts using form F10.
- Ensure that a copy of the F10 notification is clearly displayed at the site.

- Suitable arrangements are made for managing a project, including the appointment of other duty holders as appropriate and allocating sufficient time and resources.
- Relevant information is prepared and provided to other duty holders.
- The principal designer and principal contractor carry out their duties.
- Welfare facilities are provided for the workers.
- For projects involving more than one contractor, the director must ensure that:
 - Health and safety are planned, managed, monitored, and coordinated during the pre-construction phase.
 - Foreseeable risks are identified, eliminated, or controlled.
 - Relevant information is prepared and provided to help other members of the project team fulfil their duties.
 - There is liaison with the principal contractor to help in the planning, management, monitoring, and coordination of the construction phase.
- Contracts Manager:
 - Ensure that construction work is planned, managed, and monitored in a way that prioritizes health and safety.
 - Verify that all workers have the necessary skills, knowledge, training, and experience, or are in the process of obtaining them.
 - Provide a suitable, site-specific induction for all workers, unless already covered by the principal contractor.
 - Offer appropriate supervision, information, and instructions to workers.
 - Take reasonable steps to prevent unauthorized access to the construction site.
 - Ensure that suitable welfare facilities are available for workers from the start and maintained throughout the project.
 - If the contractor is the only one on the project, they must draw up a construction phase plan before setting up the site.
 - When working as the only contractor for a domestic client, the

contractor takes on the client duties as well as their own.

For projects involving more than one contractor, additional responsibilities include:

- Coordinate work with other contractors and comply with directions from the principal designer or principal contractor.
- Comply with parts of the construction phase plan relevant to their work.

Principal Contractor: Plan, manage, monitor and coordinate health and safety in the construction phase of a project. This includes:

- liaising with the client and principal designer
- preparing the construction Phase Plan
- organising cooperation between contractors and coordinating their work
- Ensuring suitable site inductions are provided
- Ensuring reasonable steps are taken to prevent unauthorised access
- Ensuring workers are consulted and engaged in securing their health and safety
- Ensuring welfare facilities are provided

Site Manager:

- Planning, managing, and monitoring construction work.
- Ensuring health and safety compliance and safe working conditions.
- Complying with the construction phase plan.
- Consulting and engaging with workers.
- Providing workers with information and training about job risks and safety.

Contractors:

- Planning, managing and monitoring construction work under their control so it is carried out without risks to health and safety.
- For projects involving more than one contractor, coordinating their activities with others in the project team – in particular, complying with directions given to them by the principal designer or principal contractor.

Workers must:

- be consulted about matters which affect their health, safety and welfare
- take care of their own health and safety, and of others who might be affected by their actions
- report anything, they see which is likely to endanger either their own or others' health and safety
- cooperate with their employer, fellow workers, contractors and other duty holders

3. Site arrangements

Standard arrangements

Emergency/ Fire arrangements

Emergency / firefighting and evacuation procedures are to be agreed prior to the start of the works. Appropriate fire alarms, fire media to be provided and emergency evacuation signage / Fire Plan to be displayed.

Always call 999 in an emergency.

Sal Construction MCR site management will appoint a competent person to act as Fire Marshall who will instigate emergency procedures contained in the CPP. Suitable firefighting equipment and means for raising the alarm are to be provided by the Principal Contractor for use within the designated construction site area.

Fire trolleys and manual alarms will be inside work area.

See Fire Plan illustrated on site.

No smoking is permitted on premises or within the construction site boundaries.

The designated muster point will be Midway Street compound and a fire drill will be carried out at least once during the project.

First Aid Arrangements

The Health and Safety (First Aid) Regulations 1981 require the provision of

adequate and appropriate first-aid equipment, facilities and people so immediate help can be given if anyone is injured or taken ill on site.

HSE first aid requirements for sites:

Number of employees	First aiders
Fewer than 5	At least one appointed person
5-50	At least one first aider trained in EFAW or FAW, depending on the type of injuries that may occur
More than 50	At least one first aider trained in FAW for every 50 people employed (or part of 50)

The minimum first-aid provision on any site includes:

- at least 1 first aider on site always (see above criteria).
- a suitably stocked, in date first-aid kit.
- information for employees about first-aid arrangements.

Sal Construction MCR will provide First Aid cover as required.

There will be a fully stocked first aid kit and accident book, these will be always kept in the operatives site office / welfare area.

Accident Reporting

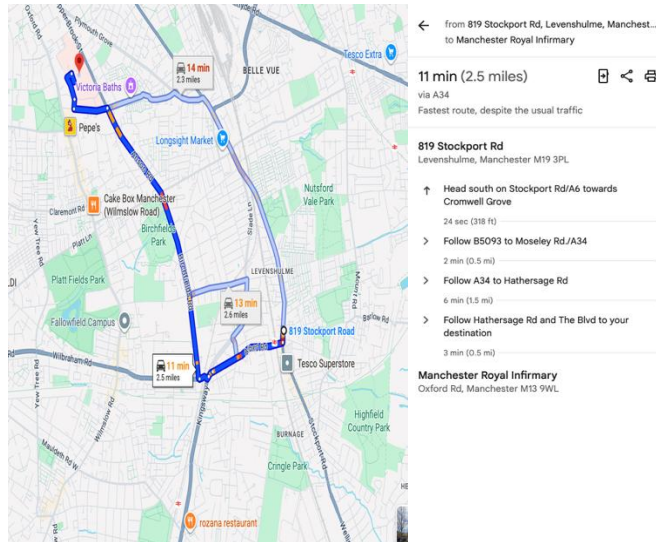
All accidents to be reported and recorded in the accident book. An accident investigation to be conducted to identify the direct and indirect causes and appropriate control measures put in place. All RIDDOR category accidents to be reported by the following methods:

Telephone – 0845 3009923

Internet – <http://www.riddor.gov.uk>

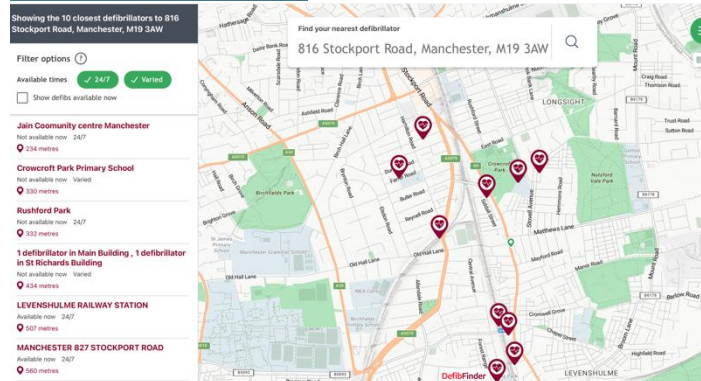
Nearest Hospital

Manchester Royal Infirmary (A&E)
Oxford Road
Manchester
Greater Manchester
M13 9WL



Nearest Defib

www.defibfinder.uk



Welfare Arrangements

Welfare Facilities will be provided by Sal Construction MCR (acting as PC for this project) and arrangements will be agreed for these in the pre-start meeting.

Contractors must treat these facilities with respect and maintain them in a clean and tidy condition.

Any abuse of these facilities or failure to follow the above requirements and maintain them in a clean and tidy condition may result in the withdrawal of consent for their use.

In accordance with Schedule 2 of the Construction (Design & Management) Regulations 2015, welfare facilities must include as a minimum:

- Toilet facilities
- Washing facilities – with hot and cold running water
- Drinking water
- Changing room, drying room, and lockers
- A rest area with heating, tables, seating, a means for boiling water and arrangements for preparing food.

Access / Egress Routes

Sal Construction MCR will ensure that all walkways / routes are unobstructed. If due to work in progress routes become blocked, then an alternative route will be established in agreement with the client.

All access/ egress to work site will be via the front entrance gates in the hoarding and fencing provided by Sal Construction MCR.

No Go' Areas

No go' areas will be confirmed in the pre-start meeting.

Traffic Management:

- The Site Manager/ Appointed Person will undertake the role of banksman where there is movement of vehicles in delivery and car parking areas.
- Traffic routes and procedures will be in accordance with the site management requirements.
- Sal Construction MCR will inform any supply, delivery and / or subcontractor vehicle on initial entry to site of traffic / vehicle movement restrictions and about the traffic management plans, parking arrangements and of the designated unloading / loading areas.
- Deliveries to be made at a convenient time when as not to conflict with the surrounding tenants or business trading hours where possible. Large deliveries may need to be co-ordinated to avoid unnecessary disruption
- All operatives working outside, or around moving plant / vehicles will wear Hi-viz clothing.

Deliveries / Loading / Unloading Arrangements

- All vehicle movements / deliveries / unloading / loading will be under the control of a designated or nominated banksman.
- There is access for deliveries / equipment and all deliveries should be made after 09:30-15:30hrs. Monday-Friday.
- Unloading / loading areas and vehicle parking areas / vehicle traffic movements will be designated in agreement and in accordance with client / building arrangements.
- Carparking will be roadside.
- Operatives must be respectful to surrounding residents and their parking needs.

Storage Arrangements

- The site is expected to operate on a 'Just in Time' regarding delivery and storage of materials and equipment due to the lack of storage space.
- No flammable substances (fuel, oils, etc.) will be left on site. All these items will be removed from working areas and site by the operatives.

Waste Removal

- Sal Construction MCR will comply and adhere to the client and building management waste disposal and storage arrangements / procedures.
- It is anticipated that all waste generated will be bagged / wrapped up daily, manually transported from the working area to a designated skip outside the site before being removed from site by Registered / Licensed Waste Carrier and then disposed of according to IP waste procedures and local / national waste legal arrangements.

Permits to Work

Permits to work will be required for Hot works, working at height, Ground/ digging works, Gas works and Electrical works.

Hot Works

A daily Hot Works Permit-to-Work will be issued for angle grinder and soldering use for any heat or smoke produced by the Building Management daily. Site management will ensure that these permits are closed 1 hour before the end of each day and appropriately signed off according to the building / client arrangements. only MAP gas is permitted, acetylene is prohibited. A 60-minute fire watch is mandatory post-works

Relevant extinguishing media (Co2) shall be kept in the area hot works is being conducted.

All work areas and working practices will be supervised, planned, controlled and monitored by the site manager daily. A safe system and programme of work will be enforced.

Electrical works

- Electrical riser permits will be issued before any electrical work can take place.
- Only qualified, competent electricians are to carry out electrical works on site.
- All electrical circuits to be worked on will be Isolated following safe isolation procedures, proved dead, locked off (using electrical lock off kit) and an isolation certificate provided prior to work commencing.
- All electrical installations and maintenance will be carried out in accordance with BS7671 electrical installations and following manufacturer's instructions.
- Test and inspection will be carried out on circuits that have been worked on prior to re-energizing and relevant certification will be provided.

Gas works

- Gas permits will be issued before any electrical work can take place.
- Only qualified, competent Gas fitters are to carry out Gas works on site.
- All Gas services to be worked on will be Isolated following safe isolation procedures, capped off and an isolation certificate provided prior to work commencing.
- All Gas safe regulations will be followed for removal and installation of fittings and manufacturer's instructions followed.
- Test and commissioning will be carried out on installations that have been worked on and relevant certification will be provided.

Sal Construction MCR will keep / make available:

- Daywork Register
- Attendance Register / Signing in – out book
- PPE for general issue as required
- A copy of all competency certification.
- All site RAMS / COSHH Assessments.
- An induction register.
- A copy of the site rules.

Exchange of Design Information Between the Client, Designers, Principal Designer and Contractors On-Site

Design information will be coordinated and exchanged through regular communication between the Client, Principal Designer, Designers and the Principal Contractor. Weekly design coordination meetings will be held, or more frequently where required, to ensure all site teams are working from the latest approved drawings and specifications. All updated drawings, sketches, marked-up details and technical clarifications will be uploaded to the project's Common Data Environment (CDE) and issued to affected subcontractors before the work proceeds.

The Site Manager and Contracts Manager will ensure any design updates received from the Principal Designer or Design Team are briefed through toolbox talks, inductions and pre-start meetings so operatives have a clear understanding of modified construction details, sequencing or risk controls. Design risks identified within the PCI such as live service interfaces, culvert protection requirements, restricted boundary working and temporary works requirements will be communicated and incorporated into method statements and RAMS.

Handling Design Changes During the Project

Design changes will be handled in full compliance with CDM 2015 and the procedures outlined in the PCI. Any unforeseen condition, obstruction, service conflict or alteration to the planned methodology will trigger an immediate pause in work while the revised approach is reviewed by the Site Manager and Contracts Manager. All proposed design variations will be formally documented and assessed for health and safety implications, including temporary works, structural changes, drainage alterations, fire safety or future maintenance impacts.

Minor non-structural changes will be recorded in the Design Variation Register and communicated through site briefings and updated RAMS. Significant changes—such as alterations affecting foundations near the culvert, service rerouting, structural adjustments or changes impacting fire safety must be escalated to the Principal Designer for review and formal approval before implementation. Emergency changes arising from safety critical events (e.g., service strikes or ground instability) will follow the “make safe → notify → record” procedure. All approved changes will be incorporated into the CPP, RAMS and the Health & Safety File.

Communication, Co-ordination and Co-operation

All on site must co-operate with each other and co-ordinate their work effectively to ensure health and safety. They must also communicate with each other to make sure everyone understands the risks and the measures to be put in place to control those risks. Doing this underpins compliance with most of the duties placed on duty holders. For example, clients should regularly liaise with principal designers and principal contractors to ensure they have the time and resources to plan, manage, monitor and coordinate the pre-construction and construction phases of the project

The Contracts Manager and the Site Manager will stay in constant communication with the Client's representative, designers and the project manager to ensure that they are kept fully up to date with all current risks on site.

Sal Construction MCR site management will liaise with various parties as part of the ongoing requirement within the regulations and keep everyone up to date of forthcoming works that may affect the site and adjacent area/buildings.

Communications shall also consider the possibility of foreign workers who have little or no understanding of the English language, either written or spoken, working on the project. Health and Safety signage, site- specific safety inductions and other documentation may be required in several foreign languages. A translator may be required.

A meeting will be held every 2 weeks between the client and PC.
Safety audits will be conducted monthly or as required.

The Sal Construction MCR Project manager will review the designs, risk assessments and method statements monthly to ensure that all current site activities are included and assessed within the RAMS.

Process For Change of working method or design:

Any unforeseen event or change to working methods or design, all work is stopped to be reviewed and designs and RAMS amended accordingly.

These will then be provided to contractors and operatives.

The contracts manager will then review, plan and assess the new working method and will re-issue an amended RAMS for the main contractor to review and approve.

The site operatives will then be re-briefed on these RAMS and new designs by the site supervisor before commencing work on site.

Consultation and Engaging with the Workers

Workplaces where workers are consulted and engaged in decisions about health and safety measures are safer and healthier. Consultation about health and safety is a two-way process. It involves giving information to workers, listening to them and taking account of what they say before making decisions. For example, meetings between managers and workers could be held before work starts to discuss the work planned that day, identify all the health and safety risks and agree the appropriate control measures. This will be achieved by site inductions, toolbox talks, and regular meetings as required.

Competence

Site management will ensure that all operatives will have the necessary skills, knowledge and experience to conduct their work tasks. All operatives will have CSCS certification. The site manager is SMSTS certified.

Selection of Contractors/ Subcontractors

Contractors/ subcontractors will be selected from a pre-approved list of qualified, experienced companies. This list will be made up from a PQQ procedure to identify the most appropriate contractors for the works to be carried out.

The PQQ will prove:

- Technical and professional ability
- relevant qualifications and training are held
- a good record of health and safety management has been held
- relevant insurances are in place
- good financial standing of the company

Selected contractors/ subcontractors will produce and provide RAMs to Sal Construction MCR for works they will be conducting prior to commencement of the project. These will be reviewed and approved by the Principal Contractor.

Restrictions

Special attention must be drawn to the fact that neighboring buildings will be residential, so particular care must be taken not to leave any tools outside the secure working area. Operatives are to keep all materials, tools and vehicles always locked and secure.

Security from inside out is a very important component, there will be no lone working.

Noisy and quiet times will be agreed with client before works begin and in partnership with neighboring business (if any). It is expected that noisy works will not be conducted before 8am and after 5pm.

The use of radios is not permitted.

There will be no smoking, eating or drinking on site working areas.

Operatives will work in partnership with building / site management to ensure that all areas are kept clean, tidy, dry and free of all obstructions / obstacles to prevent potential slip and trips. To discourage any vermin on site there will be no eating or drinking on site.

Security

- The erection of Hoarding/fencing around the property will be completed by Sal construction MCR before any works commence on site.
- All contractors will sign in and out to monitor exactly who is working on site.
- Sal Construction MCR will restrict their staff to the contract area only.
- The proximity of occupied adjacent areas shall require that noisy works in these areas are carefully programmed and kept to an absolute minimum.
- All tools and equipment to be stored in operative's van when not being used or alternatively locked in a secure storage location.
- All windows and doors to be closed when area not being worked on.
- All operatives and visitors must report daily site office, even if only working on the exterior of the building.
- Only approved and inducted persons will be allowed access to site.

4. SITE RULES

All operatives must obey the site rules and instructions of the site, for the duration of the time you are working. Failure to understand and to work to these instructions may result in your dismissal from site. These site rules are in the interest of your safety and the safety of those working with you:

- PPE: hard hats, boots, gloves, eye and ear protection, dust masks etc, must be used and worn correctly as required, always.
- All site employees must be appropriately trained and qualified to undertake the assigned tasks.
- All visitors are to report immediately to site office.
- Food is to only be consumed in designated areas and any waste disposed of immediately to prevent attracting vermin.
- No machine, item of plant or equipment is to be operated by any person, unless they have been trained and are authorised to do so.
- No repairs, maintenance or adjustments to machines, plant or equipment are to be carried out, unless you are trained and authorised to do so.
- All substances are to be used and stored in accordance with the written instructions provided in safety data sheets and COSHH assessments.
- Scaffolding and edge protection that is damaged / missing to be reported to site management immediately.
- Do not damage or misuse the site welfare facilities.
- No Smoking unless in a designated area.
- No burning of rubbish on site.
- Good housekeeping will be always maintained, and waste removed from site at regular intervals to prevent build up.
- Ensure the handling and removal of hazardous materials/ waste is done so in line with local authority regulations.
- Strict hot works procedures must be in place on site. Relevant Fire extinguisher must be kept close to Hot Works area and fire watch procedures followed.
- No mobile phones or multimedia devices to be used when operating / driving plant or in any high- risk areas of site.
- Any situation you find unsafe, such as gaps or holes in floors, dangerous machinery or unsafe access must be reported to the site manager immediately.

- No alcohol or drugs allowed on site. Any person found under the influence of these will be dismissed immediately.
- Fire extinguishers must not be moved, used to prop open fire doors or negligently discharged.
- You must familiarise yourself with the site emergency procedures. If in doubt, ask.
- If you feel that any works to be conducted are unsafe, stop and report to site management.

5. SITE INDUCTION

Site: 816 Stockport Road, Levenshulme, Manchester, M19 3AW.

Date: 28/10/2025

1. Names of project and site managers or site foreman.
2. The description of the project.
3. The specific hazards and high risk involved in the job.
4. Description of site layout, the access/egress location(s) including high risk areas.
5. Emergency and fire evacuation procedures/arrangements to be explained i.e. Location of fire extinguishers, fire blankets, assembly point, and method of raising the alarm.
6. Location of the first aid box and the name of the First Aider on site.
7. Smoking is not permitted except in designated areas.
8. All accidents must be reported to the site foreman/manager within 1 hour.
9. PPE must be worn by all on site as required.
10. Only authorised and operatives with relevant certification are permitted to operate plant or machinery.
11. Damaged or faulty equipment must not be used.
12. No misuse of anything provided in the interest of health and safety welfare.
13. Scaffolding must not be altered other than by persons appointed.
14. Good housekeeping will be always maintained.
15. Waste materials must be taken to designated areas daily.
16. Location of welfare facilities. (Toilets, eating, rest and drying/changing room).
17. Method Statement, COSHH and Risk Assessment (site specific, provided by each sub-contractor) to be signed off as read and understood by all personnel and, they must sign daily attendance sheet.
18. Inform site management of any medical condition.

6. THE HEALTH & SAFETY FILE

Information necessary for inclusion in the H&S File as requested by the Project Manager / Client will be presented and submitted in a user-friendly format.

Information should be included about each of the following where they are relevant to the health and safety of any future work. The level of detail should allow the likely risks to be identified and addressed by those carrying out the work.

Suggested format below:

- Contents
- Introduction
- Purpose of the File
- Advice to Client
- Residual Risk Register

Sub Sections containing the following information:

- Project Directory.
- Brief Description of the project and works undertaken.
- Any residual hazards and how they have been dealt with.
- Key structural principles and safe working loads (particularly where they may preclude heavy machinery or scaffolding positioned there).
- Details of any hazardous materials used (for example any special coatings which should not be burned off).
- Information regarding the removal or dismantling of installed plant and equipment.
- Health and Safety information about the equipment provided for the cleaning or maintenance of the structure.
- The nature, location, and markings of significant services, including underground services, gas supply equipment, etc.
- As-built drawings.

Health and Safety monitoring on site

The site manager will:

- Conduct daily checks to ensure correct PPE is being worn as per RAMs and work processes are being followed, records will be kept of indiscretions.
- Complete a weekly safety check list.
- Where required Opex safety services will conduct a Monthly site inspection.

Health and Safety file

The Principal Contractor is responsible for the compilation and onward transmission of the Health and Safety File to the Client at practical completion. The CDM Principal Designer is only responsible to review and approve the Health and Safety File prior to submission to the Client.

To enable the preparation of the file on time, there is a need to ensure the following information is collated in accordance with the content, format and the timescale described below.

- Contents
- Names, address and contact details for Principal Contractor and all subcontractors
- Final Record drawings, specifications, and design criteria
- Any residual risks and how they have been dealt with
- Planning and Building Regulations approvals / conditions
- Cleaning and maintenance statements
- Details and locations of new and existing underground services
- Details and locations of new and existing underground drainage
- Details of any existing services found in the excavations
- Details of any unforeseen conditions found in the excavations
- Details of existing ground conditions
- Guarantees
- Tests, inspections and commissioning certificates
- Operation and maintenance information for plant and equipment.
- Other product information for all necessary items
- Other care and maintenance of all necessary items

Please note information has not yet been provided for existing records and plans relevant to H&S on site.

7. SCOPE OF WORKS

1. Existing Site Overview

- Located at the corner of Stockport Road and Midway Street within a mixed commercial/residential area.
- Current use: former carpet shop, auto-electrical/towbar workshop, and vacant storage sheds.
- Surfaces: concrete hardstanding, parking bays, fenced yard, lighting columns, and BT/electric boxes.
- Topography: generally flat.
- Known below-ground feature: a culvert with 4 m easement beneath the southwest boundary.
- Utilities present: gas, water, electric, BT fibre, and foul drainage (verified).
- Asbestos R&D Survey: *no ACMs found (Asbestaway Ltd, March 2025)*.
- Planning: outside a conservation area but within the Levenshulme District Centre boundary.

2. Proposed Development Works

A. Enabling & Site Setup

- Install 2.4 m secure hoarding with clear pedestrian management along Stockport Rd / Midway St.
- Provide welfare units, power, and water connections.
- Disconnect/cap all existing utilities and remove redundant poles, signage, and BT boxes.
- Drainage CCTV surveys and trial holes to confirm outfalls.
- Remove legacy advertising structures, lighting columns, and surface finishes.
- Protect culvert easement during all ground operations.
- Deliver asbestos awareness briefing to all site operatives.
- Implement temporary electrical supply, lighting, and security.
- Notify highways for any footpath closures or parking suspensions.

B. Demolition & Site Clearance

- Demolish existing low-rise commercial buildings and ancillary structures to slab level.
- Remove concrete slabs, hardstanding, and below-ground obstructions to formation depth.
- Segregate and dispose of all waste materials under the Site Waste Management Plan.
- Maintain access to adjacent footpaths and properties.
- Reinstall safe temporary surfacing following clearance.

C. Substructure & Groundworks

- Excavate and form pile caps and ground beams.
- Install tension piles in ~25 % of the footprint per structural design.
- Install attenuation tank in the culvert zone per drainage strategy.
- Form foundations, service trenches, and drainage runs.
- Connect new foul and surface water systems to existing utilities (United Utilities approval).
- Provide ground gas protection if required by the geotechnical report.

D. Superstructure

- Primary frame: full structural steel frame to BMC design.
- Composite concrete floor slabs and structural deck pours.
- Cantilever areas supported via steel transfer beams.
- Masonry infill panels and façade support system installation.
- Roof construction, including parapets, insulation, and weatherproof membrane.
- Installation of risers, plant platforms, and ventilation terminations.

E. Building Envelope

- External walls to receive façade cladding/brickwork per architect's specification.
- Windows and doors to Part Q and BS EN 14351-1 standards.
- Thermal and acoustic insulation to achieve Part L compliance.
- Integration of façade interfaces with MEP penetrations and fire-stopping systems.

F. Internal Fit-Out (Residential and Retail)

- Form internal partitions, walls, and ceilings.
- 1st & 2nd fix Mechanical, Electrical & Plumbing (MEP) installation:
 - Gas, water, electrical, data/fibre, and ventilation.
 - Fire alarms, sprinklers, and emergency lighting (BS 5839 & BS 9991).
- Fit kitchens, bathrooms, joinery, and finishes to client specification.
- Install service risers, utility cupboards, and containment trays.
- Testing and commissioning of all systems.

G. Retail Shell & Core Delivery

- Deliver 4 ground-floor retail units to shell & core standard.
- Provide capped MEP services, fire alarms, WCs, and emergency lighting.
- Ensure separate metering and utility access for each retail unit.

H. External Works & Landscaping

- Construct rear private courtyard garden for residents.
- Install fencing, soft landscaping, and pathways.
- Build secure bin and cycle stores.
- Reinstate and surface forecourts and pavements along public boundaries.
- Provide external lighting and street furniture compliant with BS 5489.

I. Testing, Commissioning & Handover

- Connect all permanent utilities and meters.
- Undertake testing, commissioning, and certification of all MEP systems.
- Secure Building Control sign-off, EPCs, and SAP assessments.
- Complete snagging and cleaning.
- Prepare and issue:
 - Health & Safety File
 - Operation & Maintenance Manuals
 - As-built drawings
 - Product warranties
- Final client handover and occupation readiness.

3. Compliance & Quality Standards

- Works executed under the Construction (Design and Management) Regulations 2015.
- All temporary works to follow BS 5975-1:2024.
- Fire systems designed to BS 9991:2024 and BS 5839.
- Accessibility per Approved Document M and BS 8300.
- All dwellings to meet M4(2) accessibility where required.
- Zero-harm policy: *target of no accidents or reportable incidents.*

This is not an exhaustive list, please refer to design specifications in full, manufacturer's instructions and program of works.

Sequence of Operations

- Arrival on site and contact made with site contact.
- Enabling works to be completed as above.
- Site specific induction received, and safety brief / toolbox talk given.
- Welfare and storage facilities to be established on site.
- Identification of all building services and isolation as / if required.
- Identify and agree all designated access / egress routes to working areas.
- Display all warning signage and block off / lock / fence / hoard off all working areas as required.

Note: Fire / Emergency Evacuation routes to be identified and works conducted out of normal working hours / weekends if required.

- Conduct works as above.
- Clear all waste from area.
- Removal of all equipment signage and barriers.
- Hand back areas to client.

This sequence of works is merely a guide and can be revised due to operational requirements.

Equipment to be used:

- Hand tools.
- Battery powered hand tools
- Electrical equipment (all equipment will be PAT certified and 110 voltages powered).
- Only fully trained and experienced operatives will be used, and they will be trained in the safe use of any equipment and tools provided.
- Daily tool, equipment and plant 'good working order' checks to be conducted.

Access equipment to be used:

- Hop ups, step ladders, Scaffolding.

See attached RAMS and Specialist Contractor RAMS / COSHH Assessments.

Scaffolding

- There must be an emergency plan in place for working at height using scaffold. This plan shall be shared and made clear to all working on this task, site managers and supervisors.
- Scaffold will be provided by the principal contractor via approved contractor for access to all levels.
- Service gap not to exceed 225mm without internal handrails in place. All scaffold to comply with TG20:21 and have a 7-day inspection in place.
- Sal Construction MCR operatives are not, under any circumstances to modify or dismantle the scaffold at any time unless qualified and authorised to do so.
- All scaffold lifts to be fully boarded with handrails and toe boards.
- The scaffold access point shall be segregated from building users with the aid of double clipped HERAS Fencing.
- All low-level access ladders to the scaffold system shall be removed at the end each working day.
- Scaffold inspection report will be completed and a scaffold Handover certificate in accordance with NASCSG35:21, before our operatives are permitted to use the scaffold system, furthermore a formal weekly inspection of the scaffold system undertaken by a competent person who shall record their findings on the Scaffold weekly inspection record form.
- All scaffolds will comply with the requirements of BS EN 11281-1 and all relevant component standards.
- The risk of falling materials from height will be minimised by keeping workplaces at height clear of loose materials.
- The scaffold will be closed off at the end of the shift to prevent the public accessing the Scaffold.

Scaffold Specification

- The scaffold will be TG20 compliant.
- TG20:21 - Technical Guidance for Scaffolding with Tube & Fitting

- TG20:21 - Compliance Sheet(s)
- TG1:22 - Temporary Edge Protection
- SG4:22 - Preventing Falls in Scaffolding Operations
- SG16:14 - Management of Fall Protection Equipment
- SG19:17 - Safety Harness Rescue Procedures
- SG34:17 - Guidance on Protection of the Public
- All other NASC safety publications

Tower scaffold

- Complete Work at Height Planning Checklist.
- Work at height shall only be carried out when weather conditions do not jeopardise the health and safety of persons involved in the work.
- Scaffold towers shall be erected in accordance with the manufacturer's instructions, which must be available to and followed by PASMA trained users and must comply with current legislation.
- Scaffold towers shall be assembled, dismantled or significantly altered only by persons who have received appropriate and specific training and under the supervision of a competent person i.e. PASMA.
- Towers will not be left partially erected or struck.
- Toe boards and all guardrails will be fitted.
- Platform not to be overloaded or excessive materials stored on the platform.
- Platform hatches to be closed except during access or egress.
- Tools to be kept in toolbelts / tethered.
- Scaffold towers shall be erected on firm level ground.
- To ensure stability the height to least base ratio must not be greater than the manufacturer's recommendations.
- Stabilisers, with pad feet, or outriggers used as manufacturer's instructions.
- Towers with stabilisers or outriggers should be moved only after any necessary dismantling to ensure that the height, to platform level, is as per manufacturer's instructions.
- Towers will only be moved after materials and users are removed from the working platforms.
- No scaffold tower will be used until a competent person has inspected it, and the results entered in a scaffold inspection register. It shall be inspected at regular intervals not exceeding 7 days, after any event, which may have affected its strength or stability, or after substantial alteration etc.
- Traffic/pedestrian routes to be clearly defined and designed to prevent contact with structures.
- Signage and barriers to be placed to exclude traffic from work areas.
- Conduct an Existing Services Risk Assessment.

- Roof works
- A written Method Statement will be prepared, detailing how work will proceed.
- Competent persons will supervise work. Only those who have received work at height training will carry out this work.
- A safe access onto and off the roof will be provided e.g. a general access or tower scaffold, or a suitable, secure ladder.
- A safe means of moving across the roof will be provided e.g. suitable purpose-made roof ladders and/or crawling boards.
- Edge protection will be erected at the edge or eaves level of the roof to prevent workers and materials from falling.
- Fragile parts of the roof will be clearly identified e.g. roof-lights etc. and will be covered or suitably guarded.
- Carry out separate risk assessment for working at height access equipment selected.
- Light work of short duration will be undertaken using purpose-made roof ladders, which must be fixed to prevent slipping. (See roof ladder risk assessment)
- Fall mitigation measures to be used i.e. FACET installed and certified nets or airbags.
- Crash deck to be installed as close to the underside as possible.
- Stacking of materials on scaffold platforms and roof surfaces will be permitted provided that: - it is not overloaded; access is maintained; materials do not present a hazard; materials must be prevented from falling.
- A means of loading will be used, other than carrying materials up a ladder i.e. hoist, gin wheel, crane etc.
- Enclosed debris chutes or debris containers will be used to lower materials to the ground.
- Adequate precautions, as necessary, will be taken to prevent approach at ground level e.g. danger area barriered off and warning signs displayed.

Work on Excavations and Work Where There Are Poor Ground Conditions
Excavation works on this project present several significant hazards arising from the urban location, presence of live and redundant services, Made Ground, contamination risks, a known underground culvert, and a moderate UXO risk within the site. All groundworks must be planned and executed in strict accordance with HSG47, CIRIA C681, BS 5975, and the guidance provided within the Pre-Construction Information.

1. Ground Conditions Overview

The site is previously developed brownfield land, with Made Ground typically between 0.5m and 1.5m deep consisting of brick, ash, clinker, and mixed fill

Superficial geology comprises clay, sands and gravels over Chester Formation sandstone.

Key anticipated conditions:

- Variable ground with potential obstructions and historic foundations
- Possible buried artefacts or remnants from commercial uses
- Potential contamination within Made Ground (metals, hydrocarbons, PAHs, asbestos fragments)
- Moderate UXO risk associated with historic wartime activity in the Manchester region
- Presence of a live culverted watercourse crossing the southern/south-west part of the site and requiring strict protection measures

All excavation works must assume ground conditions may change rapidly across short distances.

2. Existing Services- Safe Dig & Service Management

Service searches confirm the presence of water, gas, electricity, BT fibre, drainage networks, and a culvert across or adjacent to the site .

Service Risks Identified

- LV electrical cables to east and north boundaries, with potential feeds into the site
- Cadent low pressure gas main in close proximity to excavation areas
- Telecoms infrastructure (Openreach / euNetworks)
- Combined drainage and foul/surface water connections
- A critical culvert beneath the southwest area of the site

Safe Dig Protocols (mandatory)

All excavation works must follow HSG47 and the PCI requirements:

- Permit to dig required for ALL excavations
- CAT & Genny scanning prior to every excavation shift and after any design changes or new information
- Trial holes or vacuum excavation used to confirm service positions
- Hand-digging only within service avoidance zones
- All services considered live until visually proven and isolated by a competent person
- Updated service plans kept at the site entrance, welfare area, and permit station

Redundant or discovered services must be capped, labelled, and recorded.

3. Culvert Protection Requirements

A known culverted watercourse runs east–west beneath the southern/south-western site boundary and is considered a critical structural constraint.

PCI identifies a 4m easement in this area where ground disturbance must be tightly controlled

Controls

- No plant, scaffolding, loads, or material stockpiles may be placed over the culvert without a structural assessment
- No piling, deep excavation, or foundation work within the easement without written approval from the engineer and relevant authority
- Culvert location must be included in:
 - Site logistics plans
 - Temporary works design
 - Exclusion zones
 - Permit to dig documentation
- Monitoring may be required during groundworks for any signs of ground movement or water ingress

Any unforeseen exposure or damage must trigger Stop Work and immediate escalation.

4. UXO Risk Management (Moderate Risk Zone)

Mandatory UXO Controls

- Site wide UXO Awareness Training to be delivered at induction
- UXO information/photos included in relevant TBTs
- All ground intrusions (excavation, piling, drainage runs) must include:
 - Competent supervision trained to recognise suspect items
 - Monitoring of trial holes for metallic anomalies
- Stop Work and Evacuate procedure must be followed if:
 - Cylindrical, drum like, or corroded metallic objects are found
 - Items with fins, shells, or explosive characteristics are exposed
- UXO specialist (MACC International / 1st Line Defence) to be contacted where needed
- No excavation deeper than 1 metre without UXO sign-off or approval in the RAMS.

5. Contaminated Land & Made Ground Management

Made Ground is assumed potentially contaminated unless proven otherwise

Hazards

- Possible presence of heavy metals, hydrocarbons, PAHs, asbestos fragments
- Localised contamination from previous fuel or heating systems
- Risk of airborne dust, skin contact, and vapour exposure

Required Controls

- Inclusion of contamination risk in RAMS
- Use of appropriate PPE/RPE, especially in dusty or enclosed areas
- Dust suppression: damping down, misting, sheeting of skips, wheel washes
- Segregated stockpiles; visual classification of arisings
- WAC testing before off-site disposal
- All waste handled under Duty of Care and consigned via licensed carriers
- Hygiene facilities: handwashing, changing areas, welfare segregation

Material from trial pits must be disposed of correctly if contaminated.

6. Excavation Support & Temporary Works

All excavations must be assessed for collapse risk and comply with BS 5975.

- Edge protection required around all open excavations
- Benching, battering, or shoring required depending on depth/condition
- Daily inspections by a competent person
- Inspections required after heavy rain, frost, or vibration
- No operatives permitted in unsupported trenches

Temporary works designs must consider proximity to services, the culvert, and adjacent buildings.

7. Monitoring and Supervision

The Site Manager must ensure:

- Daily checks recorded in the excavation inspection register
- Services risk register kept updated
- Exclusion zones enforced
- Toolbox talks held daily during groundworks
- Any suspect object, contamination, or service strike triggers Stop Work and site emergency procedures

8. Summary of Key Risks

- Live buried services across site boundaries
- Brownsfield Made Ground with contamination potential
- Moderate UXO risk requiring strict procedural control
- Significant structural constraint from the culvert easement
- Nearby public footpaths, residential properties, and limited access for plant
- Potential ground instability and obstructions from historic uses

Safe systems of work, continuous supervision, and strict adherence to permits are mandatory for all excavation activities.

Noise

Site Management:

- Shall ensure that ear protection is made available on site for all operatives and others exposed to noise as / where required.
- Shall ensure an alternative method of work/ system or equipment is selected to minimise noise, if possible.
- Shall ensure that, as a rule, if the operative using the equipment must shout to a person 2m away to be understood, noise prevention or protection is actioned.
- Shall ensure that ear protection areas are adequately demarcated and signed

Asbestos

- The property was constructed prior to 2000 so it is safe to assume ACMs were used during the build.
- A full asbestos survey has been conducted, and a register and management plan will be in place before any works commence.
- If ACM are suspected in a work area work is to cease immediately, the area isolated and site manager informed.
- Asbestos must only be removed by a licenced contractor and disposed of in line with local authority regulations.
- Operatives will have UKATA Asbestos awareness training.

COSHH

COSHH assessments and SDS must be provided for any substances/ chemicals brought onto site. Arrangements will be made for correct storage of these materials as per SDS and manufacture instructions.

Correct, identified PPE must be provided for operatives and its use enforced.

Health monitoring questionnaires will be provided where use of substances causes a health risk.

Dust / Fumes

Site Management:

- Shall investigate whether the works can be carried out in a way that does not produce dust / fumes, or reduces the amount of dust / fume produced, e.g. extraction at the tool.
- Shall plan the screening, and filtered air extraction, natural ventilation arrangements to control dust / fumes.
- Shall ensure that work areas are kept clear of non-involved people, and that any necessary temporary screens and ventilation arrangements are in place, prior to commencing work.
- Shall ensure that extraction at source equipment is maintained and kept in good working order.
- Shall ensure that dust-forming materials are dampened down with water, to suppress the dust.
- Shall ensure that appropriate dust masks (FFP3) / respirators (RPE) are made available and are worn correctly.
- In addition, ensure that all operatives are clean shaven before wearing dust masks. Where operatives have facial hair, a full-face respirator will be provided.

Vibration / Hand Arm Vibration

Site Management shall ensure that employees are informed of potential sources of hand-arm vibration; in particular:

- The health effects of hand-arm vibration (vibration white finger).
- Risk factors (e.g. high levels of vibration, daily length/regularity of exposure).
- How to recognise and report signs of injury.
- Ways to minimise risk, including:

- Changes to working practices to reduce vibration exposure.
- Correct selection, use and maintenance of equipment.
- How to use tools to reduce grip force, strain etc.
- Maintenance of good blood circulation at work, e.g. by keeping warm, exercising fingers and not smoking.
- Regular monitoring and recording of exposure.

Manual Handling

All heavy and awkward lifting for these works will be planned and the appropriate lifting aids (trolleys, pump trucks, wheelbarrows, etc.) will be utilized as required. Every effort will be made to ensure that loads are broken down and bagged into manageable sizes or quantities or team lifting techniques employed.

Prior to all manual handling the task, the load, the individual and the environment / conditions will be assessed to ensure the safest and most manageable method or procedure is adopted.

The correct method of lifting makes the job easier, less tiring and is less likely to lead to back injuries. Lifting is to be done using the correct muscles - back and abdominal muscles are weak, the leg and thigh muscles are strong. A good posture at the start of the lift is essential; slight bending of the back, hips and knees is preferable to fully flexing the back (stooping) or fully flexing the hips and knees (squatting). If the load can be kept close to the body a person can act as a human elevator, resulting in far heavier loads being lifted with far less effort.

Required Personal Protective Equipment (PPE)						
	SAFETY BOOTS	HARD HAT	SAFETY GLOVES	HEARING PROTECTION	FFP3 DUST MASK	EYE PROTECTION
	YES / NO	YES / NO	YES / NO	YES / NO	YES / NO	YES / NO

- Sal Construction MCR site management to ensure that all operatives wear high- visibility clothing / tabards, hard hat, and safety boots as a standard requirement.
- Disposable overalls, eye protection, gloves and dust mask to be worn for other operational requirements.

Protection of the Public

Prior to any works appropriate solid barriers or lockable door will be erected to physically prevent traffic, any member of the public, visitor or adjacent building user from entering any work area in progress or any vehicle unloading / loading areas. This protection will be further enhanced by clearly displayed signage and regular monitoring of all guarding and fencing by site management (foreman / manager). All operatives will be instructed at induction stage to be vigilant and ensure that these physical barriers and signage are consistently in place.

No unauthorized persons should enter the work area unless always accompanied.

Consideration to the Health and Safety and protection of the public, Sal Construction MCR staff and residents, passers-by and visitors must be given, always during the duration of the project.

Working at height

All work at height shall be properly planned, organised and risk assessed before work can commence.

Under regulation 4 of the working at height regulations 2005 we will: Properly plan the work, ensure that it is appropriately supervised and ensure that it is carried out safely, so far as is reasonably practicable, ensure that working at height only takes place when weather conditions will not affect the safety of the work. Competence (reg 5)

We will ensure that those carrying out the work, including those organising, planning, or supervising it, are trained in WAH regulations 2005.

There must be an emergency plan in place for working at height using scaffold and Hoists where applicable. This plan shall be shared and made clear to all working on this task, site managers and supervisors.

PUWER weekly inspection records must be kept for Hop-ups, and step ladders being used on site.

Stability of structures

A temporary works coordinator will be appointed. – Behzad Nabavi

A temporary works supervisor will be appointed to oversee and ensure the safety and stability of temporary structures/ props. – TBC

A temporary works register will be in place to forecast and schedule all upcoming temporary works requirements, evaluate design and construction risks, plan out dates for temporary works, design checks and deliveries and to monitor the loading and unloading on site.

All bracing and propping should be designed by experienced temporary works designers. It must be installed, checked, inspected, maintained, and dismantled in accordance with the designer's specification.

A safe system of work will be produced for installation of structures in the form of a safety method statement identifying the sequence required to prevent accidental collapse of the structure.

A safe system of work may include:

- establishing exclusion zones and safe areas of work, clearly marked and with barriers or hoardings
- training and supervising workers

Waste management

Waste management for this project must take place within the Midway Street compound, as the front of the building directly adjoins Stockport Road and cannot be used for skip placement or loading. The presence of a main road, and associated traffic and pedestrian safety risks. The compound provides the only suitable and safe location for storing, segregating and collecting waste, and will be securely fenced, well maintained and set out to allow safe access for skip wagons. Waste will be segregated where possible, and all handling and disposal will follow Duty of Care requirements.

The site contains Made Ground with the potential for contamination, including mixed fill materials, ash, clinker, brick fragments and possible localised contaminants. Any suspect or contaminated material encountered during excavation or demolition must be isolated, assessed and disposed of by a competent waste handler at a licensed facility. All excavated and demolition arisings must be handled with care to prevent

the spread of contamination, and appropriate dust suppression and PPE will be used where required.

Waste transfer notes will be retained, skips will be exchanged frequently to maintain good housekeeping, and only authorised personnel may access the waste area. Regular inspection of the compound will ensure that waste is stored safely, without overfilling, and that environmental controls are maintained throughout the works.

UV Exposure

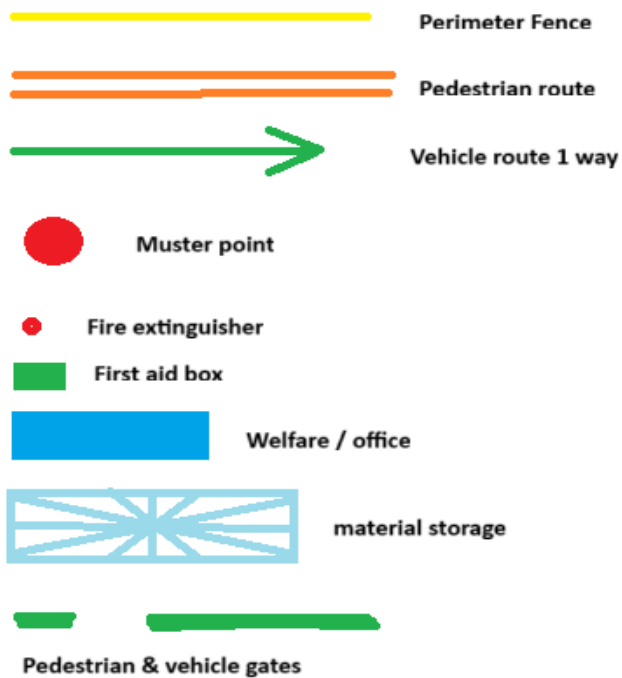
- Operatives must keep their top on whilst carrying out external work to prevent over exposure to UV rays
- Operatives will stay in the shade whenever possible, during breaks and especially at lunch time.
- A high factor sunscreen of at least SPF15 will be provided for operatives for use on any exposed skin.
- Drinking water will be provided for operatives to avoid dehydration.
- Toolbox talk will be given on exposure to UV rays. This will include Use of sunscreen, covering exposed skin where possible, importance of keeping hydrated, dangers of heat exhaustion, Advice on Checking skin regularly for any unusual moles or spots. Seeing a doctor promptly if operatives find anything that is changing in shape, size or colour, itching or bleeding.

Use of Crane

- All lifting operations, including those carried out using excavators, telehandlers and mechanical handling equipment, must comply with LOLER 1998 and be planned by a competent Appointed Person.
- A Lift Plan must be in place for all lifting activities, whether using a crane, excavator or telehandler, and must specify lifting methods, supervision, exclusion zones and emergency procedures.
- Only trained, competent and authorised plant operators are permitted to carry out lifting operations using excavators or telehandlers fitted with lifting accessories.
- A trained lifting supervisor must oversee all lifting operations to ensure compliance with the Lift Plan and safe systems of work.
- All lifting accessories, including chains, slings, shackles, hooks and spreader beams, must have valid LOLER certification and undergo thorough examination every six months.
- Lifting equipment and accessories must be visually inspected before use each day and removed from service immediately if any defects are identified.
- Exclusion zones must be established around all lifting areas to prevent unauthorised personnel from entering the lift zone.
- Loads must not be lifted or passed over operatives or any area where personnel may be present.
- Ground conditions must be assessed to ensure adequate load-bearing capacity before carrying out lifting operations; mats or ground protection must be used where necessary.
- A trained Slinger/Signaller must be in place for all lifting operations to provide clear, agreed communication with the operator using hand signals or radio.
- Lifting operations must cease immediately in high winds, poor visibility or any unsafe condition that compromises the stability of the lift or plant.

Maintenance of plant and equipment

The use and movement of mobile plant and site vehicles during the works should be appropriately planned, managed and be subject to adequate supervision and maintenance provisions. All plant used on site will be subject to daily inspections carried out by a competent operator, with any defects reported immediately and the plant taken out of service if necessary. Electrical tools and equipment will undergo regular PAT testing in accordance with statutory requirements and will also be visually inspected each day before use to ensure they are safe and free from damage. Only trained and authorised personnel may operate machinery or access equipment



Hot Work Permit

Hot-work permits are required for any operation involving open flames or producing heat and/or sparks and must be planned and completed by a competent person. Hot works include brazing, torch cutting, grinding, soldering and welding.

Site Number:					Site Name						
Permit Number:					Contractor:						
Description of works											
Equipment to be used											
Date of works				between			hrs	and			hrs
Precautions to be taken								Yes	No	N/A	
Hot work must cease at least one hour before the end of the shift											
Services affected must be isolated before works commences											
Isolate smoke detectors in the vicinity of hot works											
A suitable fire extinguisher must be available and kept close at hand, at all times											
Supervisor must ensure suitable PPE is provided and worn by the operative											
All cylinders must be transported and secured upright											
Valves and hoses must be in good condition											
All cylinders must have flash back arrestors fitted											
When not in use cylinders must be shut off and returned to store											
LPG cylinders must not be left in any building overnight without formal approval											
ARC welding equipment must comply with current standards											
Spent welding rods must be immersed in a bucket of water											
Minimum radius of hot work to be 2 metres from other persons working. Screens should be erected if needed.											
Work areas to be kept tidy and free from combustible materials before and during the hot works (check both sides of partition walls in case heat can be transferred by conduction)											
When working in riser shafts or on staging cylinders, work will be secured and openings to other levels covered with a fire blanket or other non-combustible material											
Operatives must remain in the area for 15 minutes following completion of work to ensure that there is no hot spot residue.											
Operatives carrying out hot work								Yes	No	N/A	
Must understand the permit conditions											
Must always be in possession of the permit											
Must stop work if required to do so by an authorised person											
Must report immediately any hazard likely to affect the fire and safety precautions											
Must ensure a satisfactory access/ egress route from the work area.											
Confirmation by Contractor's Supervisor: I confirm that the precautions specified above will be complied with and I will ensure that the persons carrying out the work, described above, are fully briefed on the safe method of work.											
Name:		Position:		Signature:		Date:					
Confirmation by Operative: I understand the precautions to be taken in carrying out the hot works.											
Name:		Position:		Signature:		Date:					
Supervisor Authorisation: I certify that the above work can commence with the precautions listed above.											
Name:		Position:		Signature:		Date:					
Cancellation by Operative: (Note: hot works must cease one hour before end of shift), I confirm that the work has been completed and the area has been checked and is safe.											
Name:		Position:		Signature:		Date:					
Cancellation by Supervisor:											
Name:		Position:		Signature:		Date:					
Inspection of area covered by Hot-Work permit by Supervisor after cancellation of permit							Inspection completed after			1hr	
Name:		Position:		Signature:		Date:					