METROPOLITAN DEMOLITION LTD

DEMOLITION PHASE HEALTH & SAFETY PLAN

DEMOLITION

AT

Former DE Trafford building Ellesmere Street Manchester

PROJECT: MJH/MDLDP0001 Former DE Trafford building Ellesmere Street Manchester	Ref: MJH/**MDLDP0001** Revision: -1 Date – 27.06.2024

DOCUMENT AMENDMENT RECORD

This table details the date and description of amendments made to the H&S Plan. The Project Manager is responsible for managing this document and the H&S file. The document will be reviewed on a monthly basis, revised and reissued to the CDM, Client. The site team will be initially briefed on the content of the plan during the site induction and further amendments will be confirmed within toolbox talks.

Date	Amendment	Person requesting change	Description of changes required	Signature of approval
27.06.24	Nil – first draft	M Hirst	Issued for comment / approval	

CIRCULATION	COPY NO
Gardiner & Theobald LLP	**001**
Metropolitan Demolition project manager (for site)	**002**
Metropolitan Demolition Contracts Manager	**003**
Metropolitan Demolition Safety Manager	**004**

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1. NATURE OF THE PROJECT

1.1 PROJECT DIRECTORY

Client:	Drum Property Group 12 Rubislaw Terrace Lane Aberdeen AB10 1XF
Contact:	Robert McNeish
Principal Contractor:	Metropolitan Demolition Limited Green Lane Horbury Wakefield WF4 5DY
Contact: Tel:	Michael Hirst **01924900414**
Principal Designer:	Oliver Ashford **MAC Consultants**

Site: Former DE Trafford building Ellesmere Street Manchester

INTRODUCTION

The Construction Phase Plan is designed to enable compliance with the Health and Safety at Work Act 1974 and other regulations underneath the umbrella act such as the Construction Design and Management Regulations 2015 etc.

This Construction Phase Plan has been prepared by Metropolitan Demolition in accordance with the construction (Design and Management) Regulations 2015 which now supersede the 1994 issue and its year 2007 amendment. It is to be read as the current site working plan with the current revision number in place.

Works of this nature (asbestos removal and demolition are, by definition, very high risk and are to be carried out to the latest guidelines and standards only by suitably trained and experienced personnel.

All aspects of the project are to be considered with particular attention to the following -

- The age of the structure and associated structural and non-structural elements
- The adjacent structures which are/may be affected by the works
- Surrounding ground conditions and locality of potential uneven loadings e.g., underground culverts/drains and historical records for previous land use e.g., cellars to houses etc
- The construction details of the structure – using existing drawing and information where available. Where not available generate site survey and inspection records
- The site location and any restrictions locally (e.g. adjacent properties/land users, highways and thoroughfares etc)
- The presence of any hazardous materials (e.g. asbestos, chemicals, biological etc)
- The current state of 3rd party apparatus (e.g., electric, gas, water and other services etc) which may have fed and through feed the site

Preplanning of each element of the works is to be carried out to determine suitable safe systems of work. Sequential working operations will allow controlled sectional completion of the works ensuring the next section of the works is not undermined in any way. The sequential approach allows for a sectional completion and handover procedure to be adopted which acts as a safeguard for follow on operations and ensures that each section is complete prior to the next commencing. This eliminates any potential for sections left incomplete and therefore potentially unsafe for the next operation. The systems to be implemented are to be identified to all personnel associated with the site and documented in the form of approved site and task specific method statements, COSHH and risk assessments.

In accordance with our company policy, and main objective, we endeavour to manage and promote health & safety to the best possible standards and practices as far as reasonably practicable. Our core objectives we aim to achieve are, as a minimum, to prevent personal injury to employees and third parties, to protect all property, not for demolition, from damage and to execute the works to the highest possible safety standards.

This Construction Phase Plan should be read in conjunction with the other documents listed and attached.

1.2 DESCRIPTION OF PROJECT

- Asbestos Removal
- Soft Strip
- Demolition & Dismantling
- Disposal of all waste arisings off site.
- Excavation

1.3 PROGRAMME

Commences 12/8/24 for 4 weeks.

1.4 HEALTH & SAFETY PRINCIPLES & STANDARDS

The project will be carried out in accordance with the requirements of the Construction (Design & Management) Regulations 2015, Approved Code of Practice to the regulations and guidance notes to the regulations and all other relevant regulations and legislation made under the Health & Safety at Work etc. Act 1974.

Metropolitan Demolition Limited Health & Safety Policy, Risk Assessment Manual and COSHH Manual also form part of the plan and all demolition work will be carried out in accordance with the standards in them.

The main Health & Safety Policy is available for viewing at our Head Office, MDL Green Lane Horbury Wakefield WF4 5DY. It is our aim that the project should be carried out to avoid or control all foreseeable risks of the health and safety of those involved in construction work and third parties who may be affected by such work.

2. PROJECT RESOURCES

2.1 SUBCONTRACTORS, SELF EMPLOYED WORKERS & DESIGNERS

All potential sub contract suppliers are required to complete and submit our sub-contractor questionnaire. This is devised such that proof of sound technical knowledge combined with suitable financial support is offered prior to the appointment of a sub-contractor. The sub-contractor is to return the questionnaire and is then audited by our health & safety department prior to final selection and is allowed to operate on any site. This process ensures that the appointees are competent and that their Health & Safety practices are to the same standard as our own.

2.2 SELECTION OF MACHINERY & PLANT EQUIPMENT

Metropolitan Demolition will ensure that all machinery and plant is properly selected, used and maintained and that trained operators will be employed to complete site works safely and without risks to others. Anticipated plant for this project –

- 1 x 40-ton excavators
- 1 x Crusher
- 1 x MEWP

Each excavator has a selection of attachments consisting of -

- Rotational sorting grapple
- Demolition bucket
- Hydraulic breaker
- Hydraulic shear

All plant, and equipment, will be used and maintained correctly by trained and competent operators. Suitable working methods are to be employed to complete the site works safely and without risks to others as defined in the attached risk assessed method statement.

Plant will be inspected on a weekly basis by our safety manager and recorded on the METROPOLITAN DEMOLITION Plant Inspection Check Lists which can be located in the site file.

3. SITE INFORMATION

3.1 SERVICES

All services will be terminated to each building by others prior to our commencement. Termination certification to be obtained. (Sub Station to remain protected thought-out the works as will remain live)

Where services run through the site that are likely to be trafficked or impacted upon during demolition works these will be protected by steel plates or similar. A site walk round will be undertaken by Metropolitan Demolition to clearly mark all isolated cables for retention. A CAT scan will be undertaken to determine the location of such cables and confirm no others are present.

Please refer to service disconnection phasing plans.

Water

Live for Dust Suppression

Telecommunications

Mobile phones may only be used in offices, away from the demolition area or within designated areas to be set up by the Contractor near to work locations.

Lighting& Power cables

Power will be provided by generator or mains

3.2 SITE ACCESS (traffic management plan attached)

Access is off Ellesmere Street

Deliveries and Removal of Contractor's Equipment and Materials

Equipment, Materials, salvageable materials and waste will be segregated into type and placed to skips.

All deliveries will be organised by Metropolitan Demolitions Site Supervisor entering via the main site gates off Church Bank via the transit route to the site set up. Separate pedestrian / site staff and vehicle access points are to be established. Site access gates are to be manned by when in use.

3.3 GROUND CONDITIONS

Ground is covered with hard standings forming the slabs to the site area and concrete to the adjacent road and parking areas. Refer to PCI information.

3.4 SITE NEIGHBOURHOOD

The surrounding area is used by both pedestrians and vehicles.

A robust third-party interface strategy will be essential to ensure minimal disruption to local tenants and complex whilst maintaining a safe working site.

3.5 ENVIRONMENTAL CONTROL

Demolition & ground covering excavations will require sensitive handling of safety and environmental issues particularly regarding noise and dust, the delivery and removal of materials and plant.

Dust will be supressed by water jets. Noise will be limited by plant, adhering to the hours between 7.30am and 6pm.

All deliveries will be organised by site supervisor, limiting traffic flow during busy periods. Banksmen will supervise all deliveries on arrival.

3.6 OTHER HAZARDS

Asbestos Containing Materials

A R&D Asbestos Survey has been carried out by Metropolitan Demolition Ltd.

ASB5 Notification for Licenced Works by One Group Ltd plan of works to be issued to PD & Client team.

Removal of asbestos containing materials (ACMs) There are three categorises of asbestos work - notifiable licensed, notifiable non-licensed and non-licensed. All Metropolitan operatives have received training to recognise ACMs. Should any additional ACMs (other than those in the asbestos survey) be located within the buildings during demolition, work will cease and the Site Manager notified, and an asbestos surveyor will be called to site and a sample taken for testing to confirm, prior to works in that area continuing.

During the demolition & dismantling works, it is important to remain vigilant. A visual inspection will be maintained and if suspected materials are found then works will cease, areas sealed off and reported to senior management.

Fire

To minimize the potential for fires Metropolitan Demolition will manage the site & works as follows:

- Ensure that the site is secure to prevent unauthorized persons accessing the site to start a fire.
- Remove combustible materials from the site.
- Provide fire extinguishers in the welfare facilities
- Provide training as required.

Refer to Fire and Emergency Plan.

Leptospirosis (Weil's Disease) and other Water Borne Diseases

With all redundant sites there is a risk of disease from coming into contact with rats and in particular rat urine. Bacteria can enter the body through cuts and scratches and through the lining of the mouth, throat and eyes after contact with infected urine or contaminated water. Metropolitan Demolition will ensure that all operatives maintain high standards to personal hygiene, wear protective clothing and do not touch or remove dead rats without the appropriate protective clothing.

Hand Arm Vibration Syndrome

HAV assessments to be carried out on the HSE HAV output calculator to ascertain the maximum exposure levels. THESE ARE NOT TO BE EXCEEDED.

On occasions Abrasive wheels and handheld breakers may be required. HAV monitoring reports will be completed and maintained implementing work rotations to limit HAV exposure.

HAV monitoring reports will also be carried out during the demolition of the rear brick walls whilst operatives are using compressed air tools. Job rotation will be implemented to reduce exposure time.

Noise

Noise is deemed to be relatively low (below 80db). The only noise envisaged will be from the excavator. All METROPOLITAN DEMOLITION excavators/plant are fitted with noise restricting silences and meet all current legislation.

Hearing protection to be worn by all operatives working in the immediate vicinity of plant and machinery

According to the circumstances and at his discretion, the Project Manager will inform the Public Relations Office at the site so that a wider audience can be made aware of the possibility of noisy areas.

Equipment shall be maintained in good order and quieter electrical equipment employed instead of pneumatic where practical. Noise assessments will be carried to satisfy the requirements of Regulation 5 of the Control of Noise at Work Regulations 2005, the noise rating level (in accordance with BS 4142:1997) emitted from the site shall not exceed:

55 dB (A) – one hour La eq from 0700 – 1900h;
40 dB (A) – one hour La eq from 1900 – 2300h;
35 dB (A) – one hour La eq from 2300 – 0700h;

All works must comply with the Control of Noise at Work Regulations 2005. Equipment shall be maintained in good order and quieter electrical equipment employed instead of pneumatic where practical.

Ambient light

Site lighting towers shall be designed to avoid disturbance to adjacent residents.

Working at Height

Any working at heights will be from either scaffolding, MEWP or mobile tower scaffold. The Site Supervisor will thoroughly inspect any existing walkways for their structural capabilities prior to use. MEWP will be operated by trained personnel wearing full body harnesses connected to the MEWP anchorage point at all times. Banksmen to be in attendance at all times.

Choice of access equipment:

Senior management will visit site and assess the height, ground conditions and working areas/space constraints. From which a type of access equipment will be chosen. The preferred method would be to use a hydraulic platform (scissor lift). A calculation sheet accompanies this document which gives the maximum number of sheets that can be carried which is dependent on the Safe Working Load (SWL) which is clearly visible on a metal plate on the equipment. If in doubt please contact senior management immediately

before use to clarify.

Operatives when operating MEWP must comply with UKCG "Mobile Elevating Work Platforms - Good Practice Tool Kit"

Management / Supervisor Training

Those who specify, select or arrange for works to be carried out by personnel operating MEWPS must hold a IPAF Certified 'MEWP for Manager' qualification and be available to the Metropolitan Demolition Site Team at all times MEWPS are in use.

MEWP Selection

In selecting a MEWP, you should be familiar with the guidance "The Best Practice Guidance for mobile elevating work platforms (MEWPs)" which was released by the UK based Strategic Forum for Construction Plant Safety Group.

Secondary Guarding/ (Anti-Entrapment) Safety Devices

A Secondary Guarding device must be fitted to all 3b MEWPS where available within the industry for the type of MEWP being used.

Inspections / Maintenance/ Certification

All MEWP used on site must have an in date thorough examination certificate. It is the operator's duty to ensure that the MEWP is checked at the beginning of every shift and not to operate the MEWP if any defects are noted. At periods not exceeding 7 days the operator of the MEWP must thoroughly inspect the machine and record the inspection on an approved register / log.

<u>Powered access - Hydraulic Platform (scissor lift):</u>

1. Emergency rescue plan to be in place and read to understand the emergency procedures in the event of an incident or mechanical failure.
2. To be operated by IPAF trained operatives.
3. To be operated on solid even ground only
4. Not to be used in high winds (operator to make judgment)
5. This will be a two-man operation equipped with fire extinguisher and cutting equipment.
6. Operatives will wear a full body harness anchored internally.
7. Under no circumstances are operatives to climb onto the side rails and are to remain in the basket at all times.
8. Do not exceed the maximum number of sheets that can be placed to basket.
9. If at any time the warning buzzer is activated, lower to ground level and find out why the buzzer has been activated before returning to work.

4. DESIGN INFORMATION – HIGH RISK ACTIVITIES

Risk Assessments will be carried out prior to work commencing. Foreseeable risks have been assessed and are enclosed (Ref. Appendix 2). Unforeseen risks will be separately

addressed and carried out at site level by the management team, these will be recorded and placed within the site file and included with the Method Statement.

Full communication between the PC, PD, client & Client representees team at all times.

The following have been identified as areas of risk in the PCI document.

4.1
SITE ACCESS

Access for site staff will access off Ellesmere Street. (Routes and Rules will be detailed within Site Induction).

4.2 USE OF HAZARDOUS MATERIALS – COSHH

Metropolitan Demolition materials identified as being used on this site are listed in the enclosed COSHH assessment sheets (Ref Appendix 3). Hazard Data Sheets for other materials on site will be issued from the client and suitably assessed prior to the handling/removing of any chemical or contaminated kit. Any products brought onto site not included in the COSHH assessments enclosed will have separate assessments carried out at the time and shall then be incorporated within the Site Health and Safety File.

5. CONSTRUCTION HEALTH & SAFETY MANAGEMENT

5.1 SITE MANAGEMENT

Metropolitan Demolition's site management structure is confirmed upon an organogram and is displayed within the Site Managers/Supervisors office.

The structure details the project structure from Senior Management to site-based staff, key personnel contact details, a brief description of the roles and responsibilities.

<u>Summary of Key Personnel</u>

Director– Michael Hirst

- Overall responsibility for the project in all aspects of performance – H&S, Commercial, Programme etc.
- Direct point of contact with the client
- Attending Site specific meetings – Safety, Commercial, Progress
- Visiting site as and when required
- Reports to Managing Director

Contracts Manager – Mick Love / Gerard Jackson

- Visiting weekly
- Supporting Projects manager

- Supporting Site Manager/Supervisor

SHEQ Lead – Matthew Bardgett C&D Ltd

- Support to Director/contracts manager
- Preparation of document pack
- Implementation, audit & review

Projects Manager – Gerard Jackson

Visiting two-three times weekly (minimum)

- Supporting Site Manager/Supervisor
- Point of contact to the client representative as and when required (in the absence of the Contracts Manager)
- Reports to Director

Site Manager/Supervisor– Andy Harris

- Day to day responsibility for the site in terms of progress, planning, H&S
- Point of contact to the client representative as and when required (in the absence of the Project or Contracts Manager)
- On site full time for the duration of the project
- Reports to Contracts Manager

External Independent H & S Advisor

- Support and assistance to SHEQ Lead
- Additional safety inspections on site on behalf of Metropolitan Demolition Safety Department
- Reports to Director/SHEQ Lead

5.2 SAFETY MANAGEMENT AND MONITORING

Metropolitan Demolition's Director Responsible for Safety is Mr Michael Hirst and he will be supported by our SHEQ Lead-.

Site safety and environment audits will be carried out by the Metropolitan Demolition Safety Advisor. He will complete regular safety/environment audits, a copy of which will be issued.

Further copies of the audits will be retained on site in the site file and issued to the Director Responsible for Safety. The latter will ensure that the appropriate procedures in the Company Safety Policy and the Safety Plan are complied with in future.

Site induction to be given as per attached induction booklet with record maintained.

5.3 SITE DETAILS

Site Security

Site access will be heras fenced or timber hoarding. Gates to remain closed when not in use, and lock on a night. Excavators to be locked and window panels affixed each evening.

Parking Facilities

All site personnel to park in the designated area. This will be highlighted during the site induction. Access off church bank in to site, proceeding into site passed security following the marked signs and park in a heras fenced compound.

Welfare Facilities

Welfare provided by Metropolitan Demolition to CDM regulations please see Method Statement for full details.

Storage of Materials and Equipment

General small tools and plant will be stored in the lock up on site (Tool Store). Heavy plant will be parked in a safe location within the demolition zone or in the lock up.
All non-hazardous materials and PPE will be kept in the stores in the store room within the site office.

Traffic Management

All organised deliveries will enter in accordance with the traffic Management Plan. On entering the site passing through security they will follow the signs in to the site office via the transit route.

Control & Disposal of Waste

A Site Waste Management Plan (SWMP) will be generated and completed for this project; the SWMP will be available for review.

Asbestos waste to be placed in sealed bags and placed to skip for disposal at a licenced facility accompanied by the relevant paperwork.
Demolition general waste will be segregated and disposed of at a licenced facility.
All scrap metals will be placed to skip and removed to licenced scrap metal merchants.
Resalable will be placed to skip and removed for resale.

All documentation initially will be kept in the site office and will be included in the H & S file and forwarded to the client on completion.

PPE

Mandatory PPE consisting of safety footwear, safety helmets, light eye protection, overalls, gloves and high visibility clothing (including trousers) will be worn at all times. Additional specific PPE will be worn for the following activities:

Hot Cutting (if required): Carried out by trained operatives wearing the correct PPE & RPE as detailed in risk assessments. PTW to be issued by Metropolitan Demolition

Asbestos Removal: Type 5/6 disposable overalls are to be worn along with a face fitted P3 orinasal mask and suitable gloves. No lead coated steel exists.

Certification & Training of Operatives

All Metropolitan Demolition operatives and management working on this site will be vetted prior to commencement. A site-specific induction will be carried out by Metropolitan Demolition.

5.4 SITE RULES

General

All site rules will be confirmed to all personnel in the Site Induction.

Mandatory PPE which consists of: safety footwear, safety helmets, light eye protection, overalls, gloves and high visibility clothing will be worn at all times on the site.

Anyone engaged in, or exposed to, any hazardous activity must have read and understood the Risk Assessment and Method Statement for that activity and comply with any requirements to wear other protective clothing equipment as prescribed.

Hearing protection will be worn when operating or working near, excessively noisy equipment.

The relevant eye protection will be worm when cutting, drilling, burning etc.

When any hazardous substances are handled the relevant protective equipment will be used in accordance with the products Hazard Data Sheet.

Safe access will be maintained for others in the working area. Surplus materials will be cleared daily where practicable to ensure access routes are clear. Relevant warning signs and barriers will be positioned if a given access routes is not able to be maintained and this will remain in place until the normal access route reopens.

Plant Machinery

Any plant or machinery brought onto site will be accompanied by the appropriate registers and certificates. Copies of these will be lodged with the Site Manager/Supervisor and will be held in the site file.

No one will operate plant or equipment unless they have been trained to do so. Copies of relevant training certificates will also be held in the site file.

Plant inspection check lists will be completed on a daily basis by the plant operators and passed to the plant department on a weekly basis recorded within the site file.

The Plant & maintenance register will be completed as works proceed; copies retained on site.

Electrical Equipment

All tools/task lighting on site will be 110V or less unless otherwise cleared by the Site Manager. All tools will be PAT tested. If required, generators will be earthed in accordance with the supplier's recommendations. This is to be adhered too at all times.

Safe Systems of Work

Method Statements and Risk Assessments will be written for all works. They will be produced with input from the site team, prior to implementation and commencement of the work the Director responsible for the works and or the Site Manager/Supervisor will review and approve the documents.

Any alterations/adaptations required will be made by the Director with the amendments listed and the document revised and be submitted to Metropolitan Demolition safety officer for appraisal. Once acceptance has been sorting the works will proceed.

Reporting of Accidents/Near Misses

All accidents and incidents/near misses will be reported to the Site Manager/Supervisor. This in turn will immediately be reported to the client/clients representative and if appropriate relevant entries made into the Accident Book on site.

Near misses will be recorded using Metropolitan Demolition's internal process which involves completing near miss cards which are passed to the Site Safety Manager for review/action. Copies of these cards will be given to client for their review.

Any near misses/safety incidents will be reviewed and discussed in progress meeting with Client. Accidents which require reporting to the HSE will be notified to them via the HSE website RIDDOR link.

Visitors

All visitors will be escorted by Metropolitan Demolition Site Manager/Supervisor at all times.

5.5 EMERGENCY PROCEDURES

During site inductions the procedures to be carried out in the event of an accident or incident will be outlined (see Appendix 5). A muster point will be established by MDL. The site supervisor will carry out a role call & the relevant emergency services will be contacted giving full details of the situation. The site supervisor will meet the Emergency services on their arrival, highlighting the incident and any possible hazards. MDL Site Manager will be informed immediately, along with Metropolitan Demolition Senior Management.

Please refer to Emergency Plan.

If an emergency occurs which requires the use of fire, rescue or medical facilities the person discovering the emergency will contact the emergency service required:

Emergency Telephone Number: 999

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Fire Assembly Point: Adjacent the site entrance. Roll call to be undertaken by Site Supervisor/Manager. Followed by MDL appointed person.

5.6 TRAINING

General Training

All employees are screened for competency on joining the company and will have received safety training in Site Safety Awareness and Site Safety Management whilst on other Metropolitan Demolition sites. Training records are held on file at Head Office and in the Site, Office containing details of training received.

In addition to the above, Site Supervisors will be conversant with Risk Assessments, COSHH, CDM and First Aid. Metropolitan Demolition will continually monitor and review training requirements of the operatives involved as the work dictates together with individual capabilities, taking account of any past history of back injuries, the person's capability to lift the load, gender, age etc.

Safety Technical Competencies (STC's) for site personnel

Site Manager/Supervisor:	CCDO / CSCS Gold Card Demolition Supervisor
Excavator Operative:	To hold a current CPCS card for operating the excavator, this will include H & S touch screen test
Loading Shovel Operator:	To hold a current CPCS card for operating the excavator, which will include a H & S touch screen test
Burner operative:	TOPMAN certification, face fit test, blood level medical
General Operative:	CSCS CCDO card for general operations

First Aider: Emergency first aid at work certificate from St John's Ambulance

Use of CAT cable avoidance: Cable avoidance tool training (1 day course)

Subcontractors: CSCS certification in specific work activities

Site Induction

All Operatives/visitor to be given Site Induction by Metropolitan Demolition Site Supervisors prior to commencement. Any queries will be addressed immediately.

Daily Briefings

Daily briefing will be carried out each morning prior to commencement to discuss each day's specific tasks.

Toolbox Talks

The Site Supervisor will choose the most appropriate talks or he will be issued with more site-specific talks to convey to the operatives. The talks are recorded and the operatives sign as having attended and understood the content. Copies will be issued to the head office on a weekly basis and kept on file.

5.7 DOCUMENTATION

Statutory notices will be displayed prominently in the Site Office including: Notification Form F10, Insurance Policies and Company Procedures.
Metropolitan Demolition will submit all relevant information and documentation for inclusion within the Health & Safety File, including:

- Risk Assessments and Method Statements will be submitted for review, when required, in a timely manner, previous to each stage of work
- Records of Services uncovered during the works
- Remaining Hazards
- Re-construction works

5.8 CONTINUING LIAISON

Metropolitan Demolition propose to communicate with all relevant parties as follows:

MDL:

- Pre start meetings (prior to undertaking significant works on site)
- Progress meetings as and when.
- First issue and amended contractual and H&S documentation will be copied to the Principal Contractor (concerning H&S documents) for review and comment

Site operatives:

- Site Induction prior to commencing works upon site and daily pre-job briefings
- Method Statement briefing prior to commencing works
- Toolbox Talks – at least weekly and as required.

Sub-contractors:

- Pre start meeting and daily pre-job briefing
- Method Statement briefing prior to commencing works
- Toolbox Talks – at least weekly and as required

METROPOLITAN DEMOLITION LIMITED

DEMOLITION PHASE HEALTH & SAFETY PLAN

Demolition of Former DE Trafford building Ellesmere Street Manchester

ACKNOWLEDGEMENT

This is to certify that I have read the Health & Safety Plan and fully understand its contents and have had the opportunity to input my ideas and information towards the plan.
I also understand that changes to the work programme must be preceded by a revised Method Statement before work commences.

Name	Signed	Date	Comments

APPENDIX 1

METHOD STATEMENTS

These will be developed for each task undertaken on site; a full copy will be placed in the live H & S Plan

Located in the Health & Safety Construction Phase Plan

APPENDIX 2

RISK ASSESSMENTS

Please refer to Method Statement & Risk Assessments

Located in the Health & Safety Construction Phase Plan

APPENDIX3

COSHH ASSESSMENTS

Note: Specific hazard data sheets to be submitted to Metropolitan Demolition by the client and retained within the site files.

Located in Site Health & Safety Construction Phase Plan

APPENDIX4 - FIRST AID ASSESSMENT

Site: Former DE Trafford building Ellesmere Street Manchester
Contract No: MDLSI0001
Date: 27.06.2024 Assessed by. M Hirst

1. Type of First Aid cover required:

	Client	Principal Contractor	Self Employed	Employee
Provide Information and Instruction	PT	Metropolitan Demolition		
Provide Medical Assistance				
Provide Named Trained First Aider				
Provide Named Appointed Person				

2. Site First Aid Contact:

Name	**Contact Number**
Andy Harris	07831468194

3. First Aid Provisions:

Kit Type	**Quantity**	**Location**
Standard First Aid Kit	1	1no. Site office and 1no. Operators cab excavating machine
Eye Wash Station	1	1no. Site office

Location of Nearest Emergency Telephone:

Site Supervisor's Mobile Phone: Andy Harris – Mob: 07831468194

Local Hospital and Telephone No:

Manchester Royal Infirmary
Oxford Road
Manchester
M13 9WL

APPENDIX5

SITE EMERGENCY PROCEDURE

SITE ADDRESS:	Former DE Trafford building Ellesmere Street Manchester M15 4JE
ASSEMBLY POINT:	Outside main cabin and detailed at Site Induction
FIRST AID:	Provided by Metropolitan Demolition (see Appendix 4)
LOCAL HOSPITAL:	Manchester Royal Infirmary Oxford Road Manchester M13 9WL
LOCAL FIRE SERVICE:	Tel: In emergency situation we need to call 999
LOCAL POLICE STATION:	Tel: 999
GAS EMERGENCY SERVICE:	Tel:0800 111 999

METROPOLITAN DEMOLITION CONTRACTORS LTD OFFICE CONTACTS:

Site Office:	TBC	
Head Office:	Courtney Hargreaves	01924900414
Director:	Michael Hirst	07792172321
Project Manager:	Gerard Jackson	07539036160

Emergency Procedure

In the event of an emergency the following action will be taken:

- The first person on the scene or to observe the incident will raise the relevant alarm to warn site personnel of any immediate danger
- The Site Manager/Supervisor or any other person will contact the relevant emergency service by ringing the relevant contact number displayed in the Site Office
- On hearing the alarm all site personnel will move calmly to the site muster point.
- The Site Manager/Supervisor will ensure that all site personnel are accounted for before assessing the situation for further action
- Site personnel will wait at the muster point for the arrival of the emergency services or carryout further instructions as detailed by the Site Manager.

APPENDIX 6

SITE INDUCTION

Located in Site Health & Safety Construction Phase Plan

APPENDIX 7

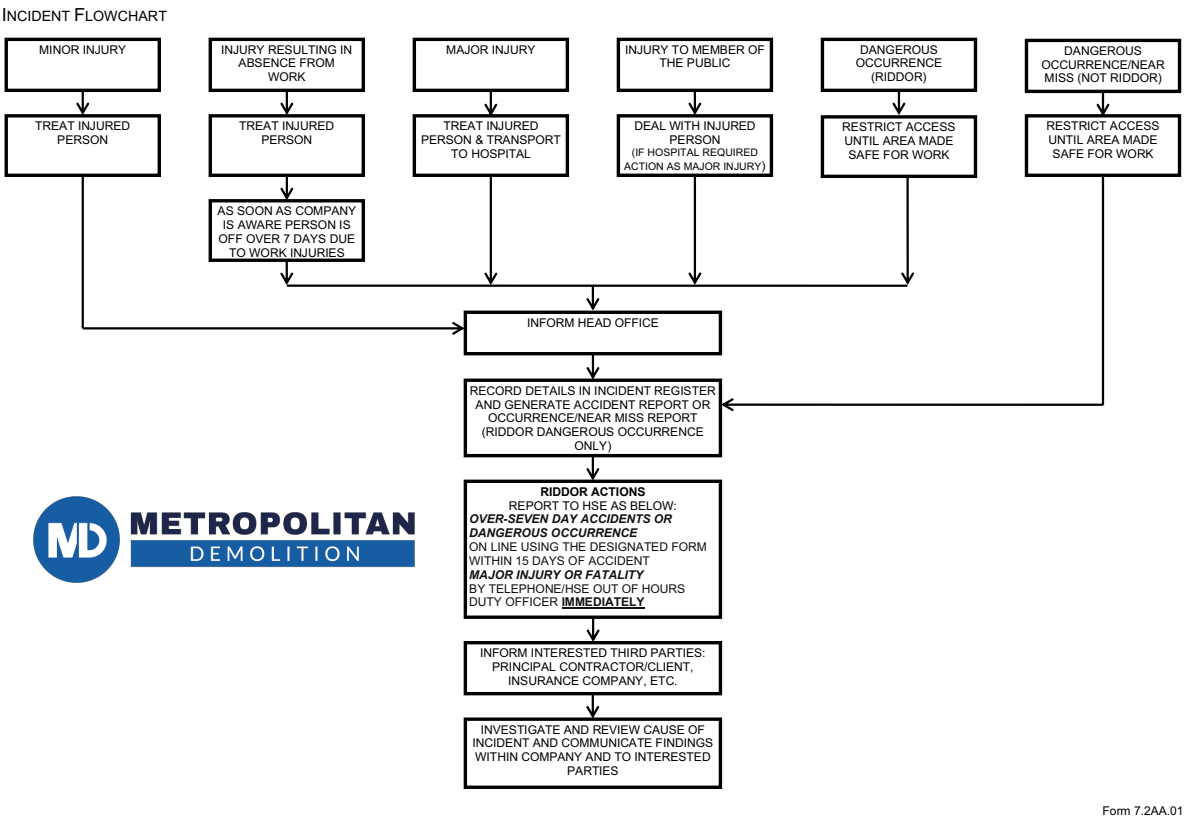
CONTENTS OF THE HEALTH & SAFETY FILE

	Description of project
1.1	Location
1.2	Project description
1.3	Key dates
1.4	Planning permission
1.5	Building regulations
1.6	Duty holders
	Existing environment
2.1	Previous use of the site
2.2	Current use of the site
2.3	Information about existing structures
2.4	Adjacent land use
2.5	Site transport arrangements or vehicle movement restrictions
2.6	Fire precautions
2.7	Emergency procedures
2.8	Location of existing services
2.9	Asbestos
2.10	Site contamination and ground conditions
2.11	Existing drawings / information
	Residual hazards
3.1	General
3.2	Maintenance, alteration and demolition
3.2	Routine cleaning and maintenance
	As-built information
4.1	Architectural
4.2	Electrical
4.3	Mechanical
4.4	Specialist Installations

APPENDIX 8

TRAFFIC MANAGEMENT PLAN

Located in main file - MDL

APPENDIX 9

Report Incident Flowchart