# RESIDENT TRAVEL INDUCTION PACK

**Downley Drive, New Islington**

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on behalf of

greatplaces HOUSING GROUP

# Introduction

Many of us automatically use the car for trips, without thinking about how else we could travel.

Often the alternatives could save you time, money and reduce congestion and pollution. They can also contribute to a healthier lifestyle.

This Travel Induction Pack aims to help you find the best ways of getting about taking into account cost, journey time and convenience. It details the transport options available and provides the information you will need to make your journeys run as smoothly as possible.

# What travel options are available?

This induction pack gives you information on how to get to travel by:

- **Walking**
- **Cycling**
- **Metrolink**
- **Rail**
- **Bus**
- **Car Share**

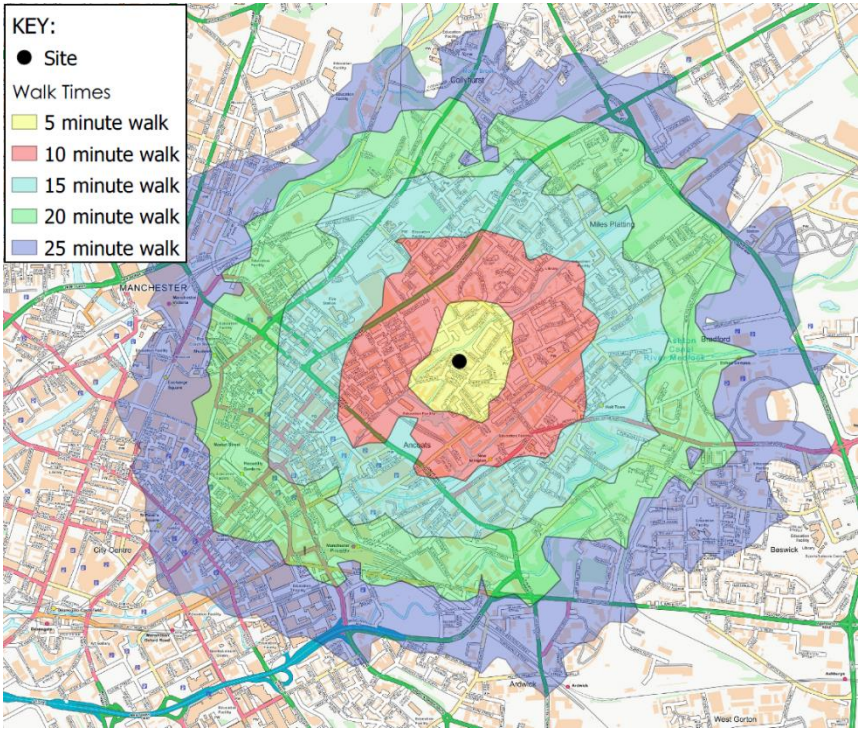
It also provides information about the benefits of travelling by each of these modes

# Walking

New Islington has a very good network of walk routes. The map below provides an indication of walk times from the Site to help you assess how long journeys will take.

## Walk Times

This map shows how far you could get on foot in a 5, 10, 15, 20 & 25 minute walk, based on an average walk speed of 80m per minute.



## What are the benefits of walking?

- It is good exercise— a brisk 20 minute walk a day can be enough to keep you healthy, improving fitness and mood, and reducing stress,
- Walking is free, and creates no carbon emissions,
- For some journeys walking can actually be quicker than travelling by car, particularly at peak times,
- Getting the all important steps in!

## Where can I find out more?

- Transport for Greater Manchester Bee Network,
  **beeactive.tfgm.com/walking/**

- Manchester City Council website
  **www.manchester.gov.uk/info/500356/cycling_and_walking**

- Greater Manchester Walking website provides leisure walking routes across the conurbation, grading them on difficulty and allowing for filters to include amenities such as cafes and pubs on the way!
  **gmwalking.co.uk/**

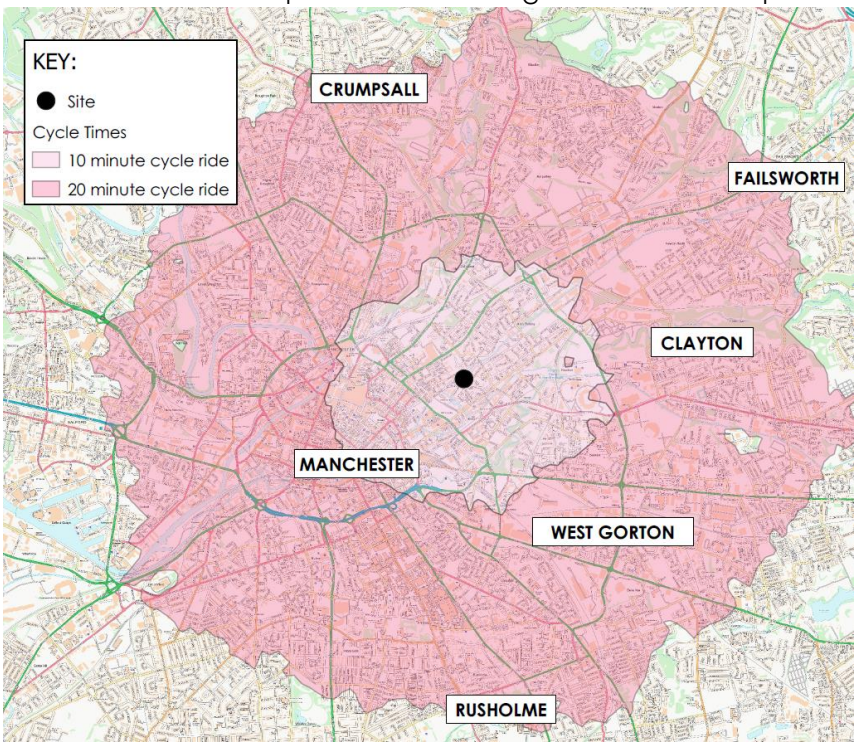
- Many phones includes step counters. For those that don't, the Active10 app from the NHS provides opportunity to track steps, set goals, record achievements and the app provides tips to help boost activity.

# Cycling

New Islington has a very good network of cycle routes. The map below shows approximate cycle times from the Site to help you assess how long journeys will take.

## Cycle Times

This map shows how far you could get on a bicycle in 10 and 20 minutes, based on a cycle speed of 15kmph. Experienced cyclists can exceed these speeds and can get there even quicker!




There are a range of cycle routes that are accessible from the development. National Cycle Route 66 runs along Rochdale Canal towpath to the east, and passes the development along St

Vincent Street before connecting to Old Mill Street and beyond into Manchester city centre. The **Sustrans** website shows the routes.

## Cycle Hire Scheme

There are opportunities to hire bicycles in the vicinity of the development. Cycle hire docking stations are located on New Islington, New Union Street and Old Mill Street. There are pedal and E-bikes available for hire with docking stations available across the city centre and beyond to Chorlton, Media City and Salford, amongst other locations.

Pay as you ride will cost 50p to unlock a pedal bike and 5p per minute to ride. The E-bikes can be unlocked for £1 and cost 10p per minute to ride. A cycle into Manchester city centre could cost as little as 70p!

## What are the benefits of cycling?

- It is good exercise—just 20 minutes of brisk exercise a day can be enough to keep you healthy,
- Cycling is a good, low impact form of exercise and can be a fun way to see the city,
- Cycling is free, and creates no carbon emissions,
- For some journeys cycling can actually be quicker than travelling by car, particularly at peak times.

## Where can I find out more?

- Transport for Greater Manchester Bee Network, **beeactive.tfgm.com/cycling/**

- Manchester City Council website **www.manchester.gov.uk/info/500356/cycling_and_walking**

- Sustrans website for information on local cycle routes **sustrans.org.uk**

# Metrolink

New Islington Metrolink station is located within an 8 minute walk or 3 minute cycle from the development. **New Islington** tram stop is on the **Eccles/ Media City UK – Ashton-Under-Lyne** tram line.

## Frequency of service

| | |
|---|---|
| Monday to Saturday | every 12 minutes |
| Friday and Saturday (0000-0100) | every 24 minutes |
| Sunday | every 15 minutes |

## Wider network

Whilst the New Islington stop is on the Eccles/Media City-Ashton-under-Lyne Metrolink line, there is opportunity to change trams to access the wider parts of the network, including **Altrincham, Sale, Didsbury, Chorlton, The Trafford Centre, Bury, Oldham and Rochdale.**

## Where can I find out more?

- **tfgm.com/ways-to-travel/tram**
- **Citymapper app** – a great tool for planning the most effective route for your journeys, by walk, cycle and public transport

## Travelling by Metrolink regularly?

Contactless payment can be made for journeys by tapping on and off at each station. The Bee Network app can also be used to purchase tickets and ticket machines are available at stations for paper tickets.

28 day and annual passes are available to purchase. Pricing is available at **tfgm.com/tickets-and-passes**

# Rail

Manchester Piccadilly train station is located within a 20 minute walk or 6 minute cycle from the development. There are over 250 cycle parking spaces at Manchester Piccadilly providing opportunity for a linked trip. The Metrolink service calling at New Islington also calls at Piccadilly train station.

Manchester Victoria station is located within a 22 minute walk.

## Key destinations served by direct trains and travel times

| | |
|---|---|
| Stockport | 9 – 13 minutes |
| Manchester Airport | 13 – 22 minutes |
| Macclesfield | 21 – 32 minutes |
| Stoke on Trent | 34 – 55 minutes |
| Leeds | 48 - 72 minutes |
| Sheffield | 52 – 77 minutes |
| Liverpool | 52 – 59 minutes |
| London | 2hrs 6 minutes – 2hrs 19 minutes |

## What are the benefits of travelling by train?

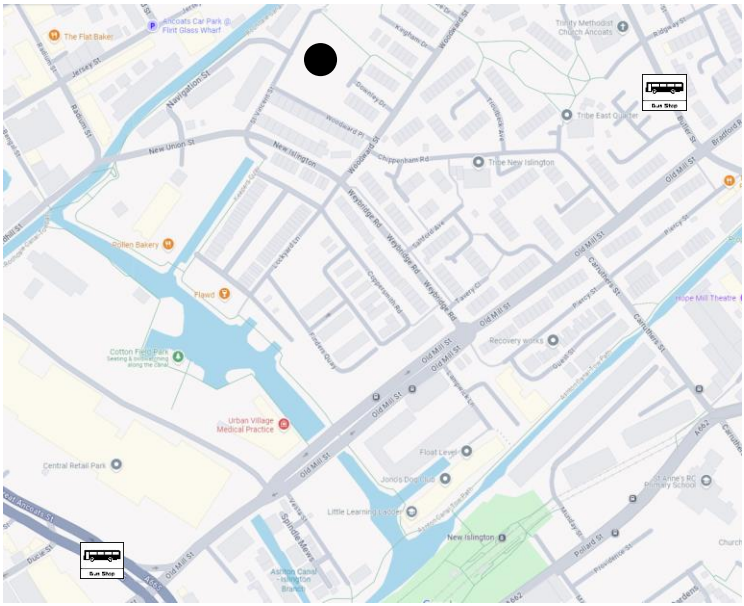
- You can sit back and relax during your journey – read a good book or catch up with social media,
- You can significantly reduce your carbon footprint compared with using the car,
- It can be cheaper to make journeys by train, particularly if you have to pay parking charges.

## Where can I find out more?

**www.nationalrail.co.uk & www.trainline.com**

# Bus

The nearest bus stops are close by, on Butler Street. and Great Ancoats Street. The services calling at these stops run frequently between Manchester city centre and Ashton/Oldham. The bus stops are shown below




The journey time from these bus stops to **Manchester city centre is 5 minutes and to Ashton-under-Lyme is 31 minutes**. Piccadilly Gardens bus station and Shudehill Interchange are located within a 20 minute walk. There are a wide range of bus services available from these stations for travel across Greater Manchester

## What are the benefits of travelling by bus?

- You can sit back and relax during your journey – read a good book or catch up with social media,
- You can significantly reduce your carbon footprint compared with using the car,
- It can be cheaper to make journeys by bus, particularly if you have to pay parking charges.

## Where can I find out more?

- **TfGM website;**
- **Traveline;**
- **Citymapper app – a great tool for planning the most effective route for your journeys, by walk, cycle and public transport**

## Travelling by bus regularly?

A 7-day BeeAnyBus travelcard is available for £21 for adults and cheaper for children (£10.50) and students (£18.20).

Single tickets can be purchased for a flat fee of £2 for adults and £1 for children on buses, with contactless payment available.

# Car Share

Car sharing allows you to share both the cost and the stress of driving. There is a car share matching service at **www.liftshare.com**, with over half a million members. This database allows you to register details of your journey and matches you to people undertaking similar journeys at similar times. It is easy to register, and completely free!

## What are the benefits of car sharing?

- It saves you money,
- You can meet new people – it gives you somebody to talk to during your journey,
- It is really flexible, you can car share every day, or just a few times a week when it is convenient,
- If you are a passenger, you can even sleep during the journey, perfect for the early starts and finishes!

## Where can I find out more?

**www.liftshare.com** provides information about car sharing including how the database works, frequently asked questions, and a cost saving calculator.