

Planning Statement
1524 Ashton Old Road, Openshaw. M11 1HN

The Application

We are planning the development of a new residential care home dedicated to supporting individuals with mental health issues, dual diagnoses. We understand the importance of working collaboratively with individuals who have a primary diagnosis of mental health issues and the challenges this can present. Recognising that the needs of each person can change daily, we take a proactive approach to assessments and ensure close communication with all multidisciplinary teams involved in an individual's care. We consistently update care plans and risk management plans to ensure the ongoing wellbeing of each resident is always prioritised.

We believe the individuals we support should have the opportunity to:

- Live in a homely environment that fosters independence and well-being, with staff support available when needed or requested.
- Feel loved, respected, and valued, and be encouraged and motivated by a network of reliable, caring, and safe relationships.
- Be empowered to have a say in their life and care planning, when appropriate.
- Develop a strong sense of identity and belonging within their community

Our philosophy is focused on a person-centred approach, ensuring that the best possible care is delivered to each individual. This approach empowers residents to make their own decisions while we provide full support, as long as it is safe and in the best interest of the individual and others. We create a supportive, secure, and inclusive environment where residents feel comfortable, confident, and safe from harm. We also ensure residents have the right to informed consent, ensuring they are fully aware of their care and treatment plans, and how they are being managed by our team, along with the relevant regulatory bodies such as CQC.

We actively promote independence by encouraging residents to perform tasks for themselves, only offering assistance when necessary or at agreed points, so their ability to remain independent is never negatively impacted. Diversity is actively encouraged within our home, and we value each individual's right to self-identify. We are committed to promoting respect for each person's dignity, values, beliefs, sexual orientation, religious background, ethnicity, cultural identity, age, and sexuality.

We recognise the importance of involving families and friends in the care process and will always do so if agreed by the resident and their care team. A network of family and friends is vital, and we ensure regular contact and visits are part of the person's life.

Our assessment process ensures that individuals placed in our care are suitable for the home, the location, and their specific needs. We discuss potential placements with care managers, social workers, and the staff team, and encourage individuals to visit the home and familiarise themselves with the environment before making a decision. A service user guide is also provided to help them prepare for the move.

Before a person joins, the staff team reviews their support plan, which is created prior to their placement. Staff are briefed on the individual's care needs, both historical and current, as provided by multidisciplinary teams and, where applicable, family members. We develop a weekly planner reflecting the individual's hobbies, interests, and preferences, while also exploring new options based on their needs and desires.

Our staff provide day-to-day support to help residents make healthy lifestyle choices, manage medication, and engage in meaningful activities. We aim to support people in achieving physical, mental, and emotional health, with a focus on a balanced routine and positive structure. People are also encouraged to pursue further education, training, or work-related opportunities, with staff support for both recreational and community activities.

Upon admission, each person is encouraged to register with local healthcare services, such as a GP, optician, and dentist. Staff are available to assist residents during appointments as needed.

The front and back doors are equipped with a keypad entry and exit system. Access to fobs will be assessed based on individual risk assessments and presentation. For some people, access may be restricted due to safety concerns, if there is a risk to their wellbeing if they are in the community alone or unattended. Those who are not given direct access will receive appropriate support and guidance, along with advice from their care management team, to ensure their safety when entering or exiting the premises. We also anticipate that the existing parking space will remain adequate for the proposed staffing levels, it is worth noting that we have an informal agreement with the local church and can use their car park should there be limited space.

Staffing Numbers:

- 4 to 8 staff on per day
- 3 staff at night
- Shift pattern: 08:30/21:00 – 21:08:30