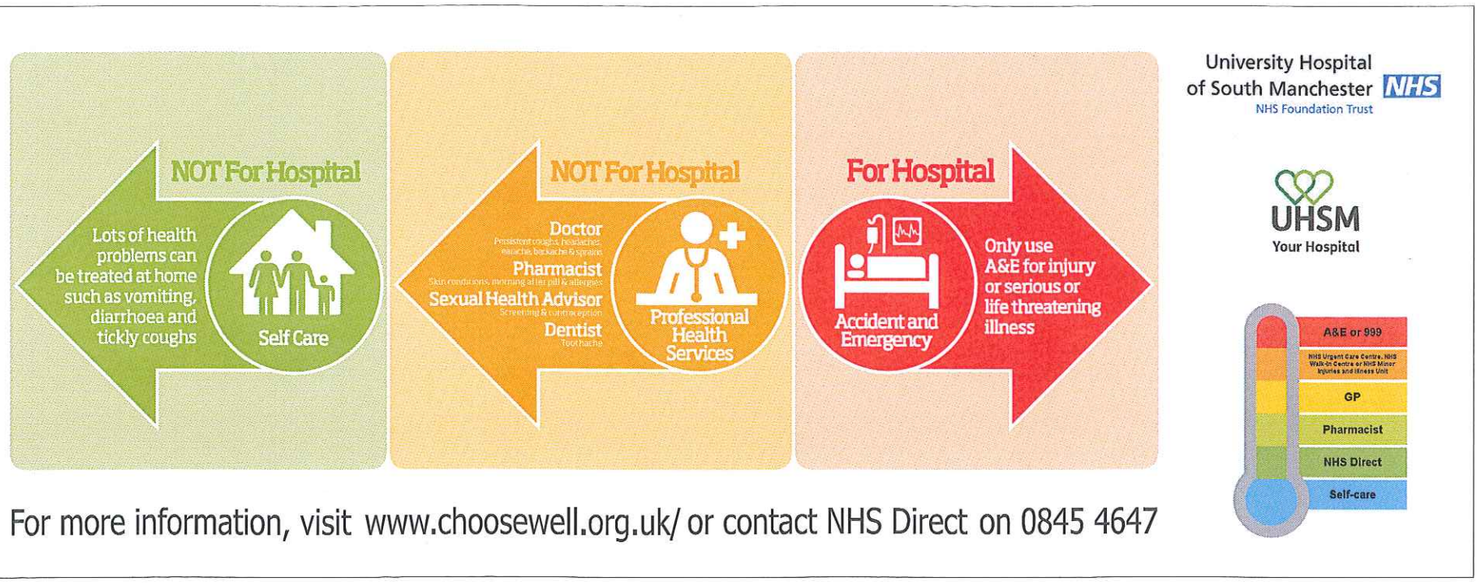
NOT For Hospital
Lots of health problems can be treated at home such as vomiting, diarrhoea and tickly coughs
Self Care
NOT For Hospital
Doctor
Persistent coughs, headaches, earache, backache & sprains
Pharmacist
Skin conditions, morning after pill & allergies
Sexual Health Advisor
Screening & contraception
Dentist
Toothache
Professional Health Services
For Hospital
Accident and Emergency
Only use A&E for injury or serious or life threatening illness
University Hospital of South Manchester NHS
NHS Foundation Trust
UHSM
Your Hospital
A&E or 999
NHS Urgent Care Centre, NHS Walk-in Centre or NHS Minor Injuries and Illness Unit
GP
Pharmacist
NHS Direct
Self-care
For more information, visit www.choosewell.org.uk/ or contact NHS Direct on 0845 4647

8m x 3m