
NOT For Hospital
Lots of health problems can be treated at home such as vomiting, diarrhoea and tickly coughs
Self Care
NOT For Hospital
Doctor
Pharmacist
Sexual Health Advisor
Dentist
Professional Health Services
For Hospital
Accident and Emergency
Only use A&E for injury or serious or life threatening illness
For more information, visit www.choosewell.org.uk/ or contact NHS Direct on 0845 4647