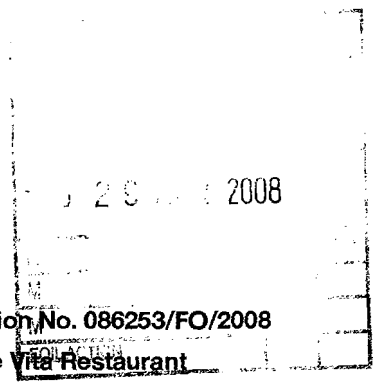
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Seraph Design
David J. Platt
9 Southgate
Urmston
Manchester
M41 9FS

Tel: 0161.747.5884
Email: djplatt@mac.com

14th April 2008



Application No. 086253/FO/2008
La Dolce Vita Restaurant
1 Campfield Avenue
Liverpool Road
Manchester
M3 4FN

METHOD STATEMENT

1.0 Preface

1.1 This outline method statement will be in accordance with current legislation and with current Best Practice Guidelines. Before works are to begin the main contractor will provide a full method statement and will include information regarding staff, training, PPE, permits to work, site access and egress, welfare and first aid etc.

2.0 Legislation and Codes of Practice

2.1 All work will be carried out in accordance with current legislation, which is applicable to their respective industry with particular regard to the following:

The Health & Safety at Work Act 1974
The Construction (Health, Safety & Welfare) Regulations 1996
The Control of Asbestos at Work Regulations 2006
The Asbestos (Licensing) Regulations 1998
Working with Asbestos Insulation etc (2nd Edition) 1987 Regulations
The Control of Lead at Work Regulations 1998
Control of Pollution Act (Amendments) 1989
The (Lifting Operations & Lifting Equipment) Regulations 1998 (LOLER 98)
Factories Act 1961
Health and Safety at Work Regulations 1999
The Control of Substances Hazardous to Health Regulations 2002
The Construction (Design & Management) Regulations 1994
The Management of Health & Safety at Work Regulations 1999
Personal Protective Equipment at work Regulations 1992
The Construction (Head Protection) Regulations 1989
The Health & Safety (Safety Signs & Signals) Regulations 1996
The Noise at Works Regulations 1989
The Health & Safety (First Aid) Regulations 1981
The Workplace (Health, Safety & Welfare) Regulations 1992
The Reporting of Injuries, Diseases & Dangerous Occurrences Regulations 1995

(RIDDOR)
The Provision & use of Work Equipment Regulations 1998
The Manual Handling Operations Regulations 1992

3.0 Workforce Protection

3.1 Areas of risk around the site will be cordoned off and clearly segregated from third parties. Barriers will be erected complete with warning signs.

3.2 All temporary barriers and signs will be constantly checked and maintained before and during each work day by the site supervisor.

3.3 Any secondary light required within the site will be the responsibility of the main contractor. The positioning of any temporary lighting will be such that there is no risk to the operational works.

4.0 Personal Protective Equipment

4.1 All site personnel will be issued with standard PPE provided by main contractor. Each person will be handed general protection issued by site supervisor dependent upon the work required. Safety wear will comprise as follows:

Hard hats, ear and eye defenders, face mask against dust, gloves, footwear, and high visibility jackets.

5.0 Hazardous Materials

5.1 Identification and removal of asbestos containing materials (ACM's) will be carried out prior to commencement on site. Site Supervisor and operatives will be briefed in this regard and a process is to be established between the main contractor, the client and his asbestos surveyor to minimise the potential hazard of any asbestos discovered during the works and also the potential delay to the contract.

Other hazards to be identified are lead paint, oil containing excessive levels of PCB's and also refrigerant from air conditioning systems. Samples of paint will be taken as required in order to assess any lead content if needed. In the event this registers positive, respirators with the appropriate filters will be issued.

Oils will be sampled at the earliest opportunity and drained and disposed of through a licensed undertaker.

Air conditioning units and associated pipe work will be de-gassed by a specialist contractor at the earliest opportunity.

6.0 Dust & Noise Reduction Strategy

6.1 Noise levels will be monitored during the course of the works. It is accepted that noise cannot be eliminated entirely, but reasonable steps will be taken to reduce any adverse effects of noise generated by the works. The nature of the works is predominantly soft strip and no major structural work will be carried out. The nature and capability of the plant proposed to be used is such that all operations will be carried out with the minimum of noise and emissions generated on the site.

7.0 Risk Assessment

7.1 Heavy plant movement/operations:

HIGH RISK - Main contractor to ensure adequate provision for the extraction and dismantling of existing ventilation system and all ancillary equipment. Also main contractor to provide scaffolding, mobile access platforms, towers etc to allow easy access for installation of new ventilation and extract system.

7.2 Working at height:

HIGH RISK - Main contractor to provide scaffolding, mobile access platforms, towers etc.

7.3 Dust:

HIGH RISK - Soft strip demolition can cause airborne particles. Contractor to provide adequate PPE such as face masks.

7.4 Noise:

HIGH RISK - Soft strip demolition, M & E works and light gauge metal frame partition construction can cause a certain degree of noise. Main contractor to provide adequate PPE such as ear protection.

7.5 Slips, trips and falls:

HIGH RISK - This will be a construction site. Accidents can happen. Slips, trips and falls result from some a kind of unintended or unexpected change in the contact between the feet and the ground or walking surface. This shows that good housekeeping, quality of walking surfaces (flooring), selection of proper footwear, and appropriate pace of walking are critical for preventing fall accidents.

Main contractor shall ensure that good housekeeping will be of upmost importance in order to prevent falls due to slips and trips, including:

Cleaning all spills immediately

Marking spills and wet areas,

Mopping or sweeping debris from floors,

Removing obstacles from walkways and always keeping them free of clutter,

Covering cables that cross walkways,

Keeping working areas and walkways well lit,

Main contractor will also provide footwear or training on techniques of walking and safe falling.

7.6 Manual Handling:

HIGH RISK - Main contractor to provide adequate PPE such as gloves, along with adequate training for the handling of materials, including safe carrying loads and how to safely lift heavy items.

7.7 Hazardous materials/substances:

HIGH RISK - The project will be upgrading and installing commercial kitchen equipment, both electric and gas. Main contractor is to ensure that all sub contractors are qualified professionals within their respective indus try and shall conduct themselves accordingly. Permits and licenses will be required before allowing any works to be carried out on site. All works will be thoroughly tested and approved by a registered supervisor/project manager for each of the respective works.

8.0 Health and Safety

8.1 A health and safety file is to be prepared prior to commencement of works by main contractor in accordance with all local authority legislation.