



Wilmslow Road Medical Centre

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Dr P L Pathak, Dr H Win & Dr P Sukumar

Branch Surgery: 79 Washway Road, Sale Cheshire, M33 7TQ Tel: 01619690972

Date: 28-May-2021 Patient details:

SHARIF, Mohammed (Mr)

23-Apr-1967

618 5816687

77 Birchfields Road

Longsight

Manchester

M13 0XX

Dear Sirs

PRIVATE & CONFIDENTIAL

Re: Mohammed Naheem Sharif, 77 Birchfields Road, Manchester, M13 0XX

I write to confirm that the above-named person is registered with our practice.

Mr Sharif suffers from:

- Relapsing Multiple Sclerosis – Diagnosed in July 2018
- Hypoglycaemia – Diagnosed in 2016
- One limb is shorter than the other – Since childhood
- Arthritis of the spine – Diagnosed in 2013
- Depression – Diagnosed in 2019

As a result of Mr Sharif's Multiple Sclerosis, it is important to avoid him having further relapses, it is understood that having exposure to Sunlight (vitamin D) and avoiding stress, as well as his medication will help to avoid his condition from getting worse.

Mr Sharif has needed to make lifestyle changes to prevent any relapses, such as reducing working hours and trying to get as much sunlight as possible.

The Lockdown has had a significant impact on Mr Sharif in that he has not been able to get much exposure to sunlight. He has complained of increasing levels of fatigue, lack of concentration, tiredness, insomnia, and pain. Mr Sharif has told us about his application for a sunroom / therapy room at his property, which we would support, as it will have a positive impact on his health and serve to stop any further deterioration of his conditions.

Kind Regards

Dr Htay Win

GP